



**PROFILE BOOKS**

**SERPENT'S TAIL  
SOUVENIR PRESS  
VIPER BOOKS**

**SPRING 2024**



# Contents

5	New for Autumn 2023
13	Profile Books
39	Serpent's Tail
49	Viper
55	Souvenir Press
67	Sort of Books
71	The Economist
75	Profile Paperbacks
85	Serpent's Tail Paperbacks
95	Viper Paperbacks
99	Souvenir Press Paperbacks
101	Recently Published
105	Selected Backlist
132	Profile Audio
133	Contact Information



NEW FOR  
AUTUMN 2023

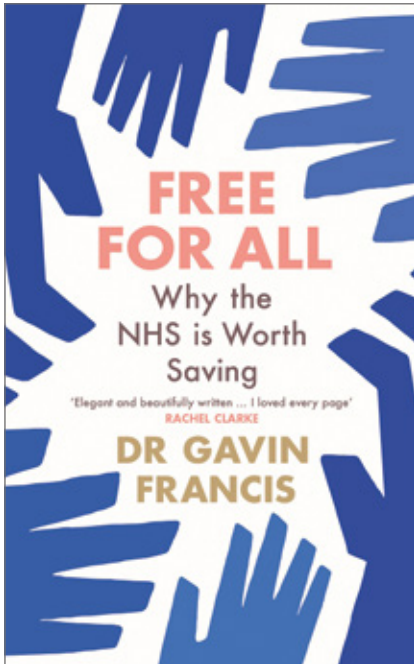
# Free for All

Why the NHS Is Worth Saving

wellcome  
collection

## Dr Gavin Francis

*Britain's health service is in dire straits. Dr Gavin Francis shows us why we should fight for it*



In 1948, the headlines read 'Free For All' as the birth of the NHS pioneered a model of healthcare based on justice, dignity and care for everyone. So how has it come to offer such poor service for patients today?

Healthcare professionals in the NHS continue to work under immense pressure, despite chronic underfunding, near-zero capital investment, negligent workforce planning, political infighting and a drift towards privatisation. The health service's 'new normal' is a permanent state of crisis. But it doesn't have to be this way.

*Free for All* is a love letter to an institution that has never been perfect, but which for seventy-five years has transformed the lives and health of millions – paid for by everybody, for everybody. With a rare and deeply felt eloquence, GP and bestselling author Dr Gavin Francis guides us through its inner workings – and illuminates how and why it can be saved.

### August

Politics/Health/Medicine  
A format Trade Paperback  
192pp £7.99  
ISBN 978 1 80081 925 2  
eISBN 978 1 80081 926 9  
Audio 978 1 80522 053 4  
World



Dr Gavin Francis has worked across four continents as a surgeon, emergency physician, medical officer with the British Antarctic Survey and latterly as a GP. He is also the author of the *Sunday Times* bestselling *Adventures in Human Being* and *Recovery*, as well as *Shapeshifters* and *Intensive Care*.



# The PARA Method

Simplify, Organise and Master Your Digital Life

Tiago Forte

*A quick and easy way to organise any digital platform*

*- from your inbox to your notes app*

In this clear, pithy guide, productivity expert and bestselling author of *Building a Second Brain* Tiago Forte offers a primer on the essential tools you need to organise your digital life.

This simple and intuitive system can be implemented in just seconds yet has the power to transform the trajectory of your work and life, without the tedious filing or time-consuming maintenance of other approaches. *The PARA Method* will bring order to your inbox, filing system, notes app and more – so that you can focus on what really matters.



Tiago Forte is one of the world's foremost experts on productivity and has taught thousands how timeless principles and the latest technology can revolutionise their effectiveness. He is author of the bestselling *Building a Second Brain* and his work has been featured everywhere from *The New York Times* to the *Harvard Business Review*.



**August**  
 Business/Management  
 175 x 129 mm Trade Paperback  
 208pp £12.99  
 ISBN 978 1 80081 954 2  
 eISBN 978 1 80081 955 9  
 Audio 978 1 80522 045 9  
 UK Com ex Can

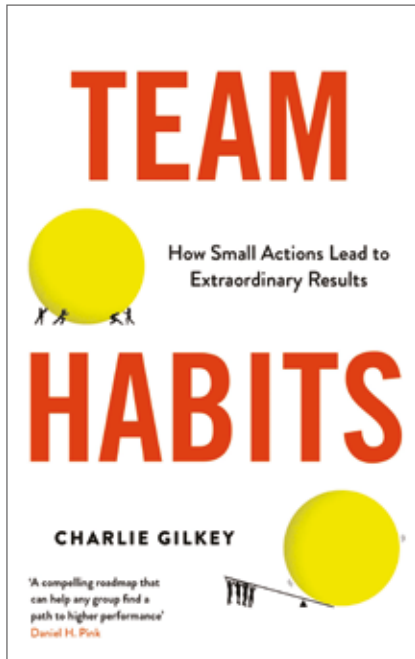
# Team Habits

How Small Actions Lead to Extraordinary Results

Charlie Gilkey

P

*Transform your team, results and success: one small step at a time*



We know our habits are crucial for personal productivity – but we rarely work alone. Reaching our goals depends on how effectively we work with others, and teams have their own habits that can help – or hinder – success.

Here, productivity and teamwork expert Charlie Gilkey shows how to cultivate, implement and maintain the small habits that lead to big results for any team. From the Team Habits Assessment, where you'll identify the habits you need to build (or break) to a roadmap for putting them into practice, this book is full of clear, simple actions that will transform the way any team communicates, fosters belonging and structures the days.

These habits are the difference between teamwork that feels like a struggle, and collaboration that empowers everyone to deliver their best.

## August

Business/Management  
Demy Trade Paperback  
288pp £14.99  
ISBN 978 1 80081 939 9  
eISBN 978 1 80081 941 2  
Audio 978 1 80081 946 7  
UK Com ex Can



Charlie Gilkey has advised hundreds of teams, from Fortune 100 companies to tiny non-profits, through Productive Flourishing, the coaching and training company he founded. He is the author of the critically acclaimed *Start Finishing: How to Go from Idea to Done* and is also a former Army logistics officer and a near-PhD in Philosophy.



# How to Leave a Narcissist . . . for Good

Moving on from Abusive and Toxic Relationships

**Dr Sarah Davies**

*A psychologist's practical guide to understanding and moving on from toxic relationships with narcissists*

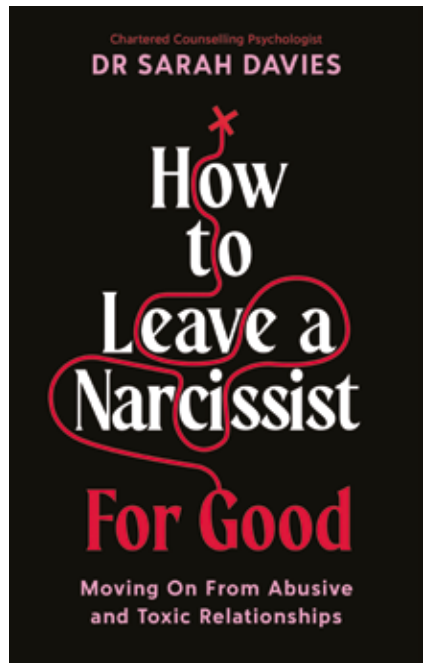
**You cannot change a narcissist. But you can change how you deal with one.**

Psychologist Dr Sarah Davies offers practical guidance on understanding and healing from a relationship with a narcissist. Drawing on her clinical work with individuals and personal experience, she will help you to:

- understand narcissism and identify toxic behaviours
- spot negative patterns and break the cycle of abuse
- learn and develop healthy boundaries and communication skills
- repair the damage to your self-esteem
- gain closure on trauma by mastering self-care and compassion

With case studies and expert guidance, *How to Leave a Narcissist . . . for Good* will help you turn your back on narcissists and look forward to future loving relationships.

Dr Sarah Davies is an author, chartered counselling psychologist and trauma therapist with a private practice established in Harley Street, London. She has extensive clinical experience in the area of narcissistic abuse, co-dependency and related trauma and PTSD. Dr Davies has contributed to many publications on these subject areas including in the *Guardian*, *Daily Mail* and *Cosmopolitan*.



**September**

Personal Development  
Demy Trade Paperback  
320pp £14.99  
ISBN 978 1 80081 879 8  
eISBN 978 1 80081 880 4  
Audio 978 1 80522 056 5  
World



# The Leftover Woman



Jean Kwok

*An evocative family drama and riveting mystery about the ferocious pull of motherhood for two very different women*



Jasmine Yang thought her daughter died at birth. But five years after she was taken from her arms, she learns that her controlling husband sent the baby to America to be adopted. Fleeing her rural Chinese village, Jasmine arrives in New York with nothing except a desperate need to find her daughter. But with her husband on her trail, she's forced to make increasingly risky decisions if she ever hopes to be reunited with her child.

Meanwhile, Rebecca Whitney seems to have it all: a high-powered career, a handsome husband and an adopted Chinese daughter she adores. But when an industry scandal threatens to jeopardise not only Rebecca's job but her marriage, this perfect world begins to crumble.

Two women separated by wealth and culture, yet bound together by their love for the same child. And when they finally meet, their lives will never be the same again . . .

## November

**(Export date: Oct. 23)**

Thriller

Royal Hardback

288pp £14.99

ISBN 978 1 80522 010 7

EXP Trade Paperback £14.99

ISBN 978 1 80522 011 4

eISBN 978 1 80522 012 1

Audio 978 1 80522 044 2

WxUSAC



Jean Kwok is the author of three novels, including the bestselling *Girl in Translation* and contributor to *Marple: Twelve New Stories*. Two of her novels, including *The Leftover Woman*, are currently in development for TV. She is fluent in Chinese, Dutch and English, and currently lives in the Netherlands.

# Warriors, Rebels and Saints

The Art of Leadership from Machiavelli to Malcolm X

Moshik Temkin

*A deep dive into how we define, seek and become leaders*

There have always been people who have risen to the challenge of leading others. Sometimes their power is undeserved, sometimes it's ill-used, but always their actions have impact. But do leaders really make history, or does history make leaders? And how might we harness the answers to find and become better leaders today?

In this wide-ranging book, Professor Moshik Temkin explores the answer to these questions, illuminating the nature of leadership from the highest ranks to the most hopeless situations.

Drawing on stories from across history and culture, Temkin considers how leaders have made decisions, inspired others and forged a path in challenging circumstances – from the Great Depression to the dictatorship of Rafael Trujillo, from the Suffragettes to the anticolonial wars of the twentieth century to the civil rights struggle – and how, in a world desperate for good leadership, we can evaluate those decisions and draw lessons for ourselves today.

Moshik Temkin is Distinguished Visiting Professor of Leadership and History at Schwarzman College, Tsinghua University, and a faculty affiliate at Harvard University's Belfer Center for Science and International Affairs. He has been a visiting professor and lecturer at universities around the world, and his books include *The Sacco-Vanzetti Affair: America on Trial*, a finalist for the Cundill History Prize.



**November**  
 Business/History  
 Demy Hardback  
 320pp £18.99  
 ISBN 978 1 80522 110 4  
 eISBN 978 1 80522 112 8  
 Audio 978 1 80522 129 6  
 UK Com ex Can



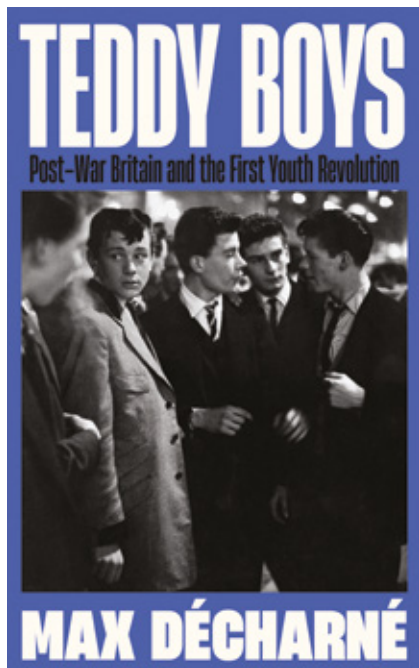
# PROFILE BOOKS

# Teddy Boys

Post-War Britain and the First Youth Revolution

Max Décharné

*The story of Britain's first youth counterculture*



With their draped suits, suede creepers and immaculately greased hair, the Teddy Boys defined a new era for a generation of teenagers raised to expect drab clothes, Blitz playgrounds and tinned dinners.

From their Edwardian fashion to the tabloid hysteria about delinquency, the story of the Teds throws a fascinating light on British society after the war. It is a story of working-class teenagers asserting themselves in how they dressed, spoke and socialised on the street. When people saw Teds, they stepped aside.

Musician and author Max Décharné traces the story of the Teds and the shockwave they sent through post-war Britain, from the rise of rock 'n' roll to the Notting Hill race riots. Full of fascinating insight, deftly sketching the milieu of Elvis Presley and Derek Bentley, Billy Fury and Oswald Mosley, *Teddy Boys* is the story of Britain's first youth counterculture.

**January**

Music

Royal Hardback

320pp £25

ISBN 978 1 84668 978 9

eISBN 978 1 78283 037 5

World



Max Décharné was a member of the band Gallon Drunk and has been with the Flaming Stars since 1994. An authority on 1950s, 1960s and 1970s counterculture, his books include *Vulgar Tongues: An Alternative History of British Slang*, as well as *A Rocket in My Pocket* and *King's Road*.



# Exhausted

An A-Z for the Weary

Anna Katharina Schaffner

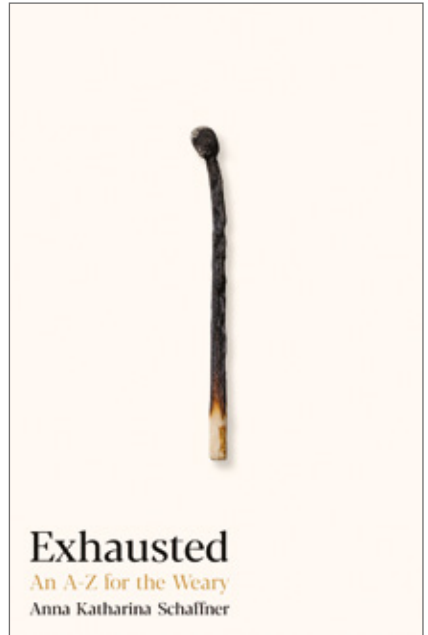
*A burnout coach's transformative insights on exhaustion, from ancient wisdom to modern life*

Burnout is a defining feature of our post-pandemic world – but why are we all so exhausted? Many of us are simply overwhelmed by the demands of modern life, while others struggle with perfectionism. Whatever you're feeling, you are not alone – and this liberating, enlightening guide to exhaustion in all its forms will help you find the energy to beat burnout and weariness.

From confronting our inner critics to coping with workplace pressures, Anna Katharina Schaffner, cultural historian and burnout coach, brings together insights from psychology, literature, philosophy and her own coaching practice. In twenty-six short entries that explore the causes and history of exhaustion and burnout, she reveals powerful ways to combat stress and energy depletion.

Inventive and freewheeling, full of comfort, solace and practical wisdom, *Exhausted* is an inspiring guide to overcoming your own exhaustion – and rediscovering happiness along the way.

Anna Katharina Schaffner is a cultural historian and professional burnout coach. Her books include *The Art of Self-Improvement: Ten Timeless Truths*, *Exhaustion: A History* and the novel *The Truth about Julia*. Anna writes regularly for the *Times Literary Supplement* and *Psychology Today*.



**January**

Psychology

B format Hardback

240pp £15.99

ISBN 978 1 80081 690 9

eISBN 978 1 80081 692 3

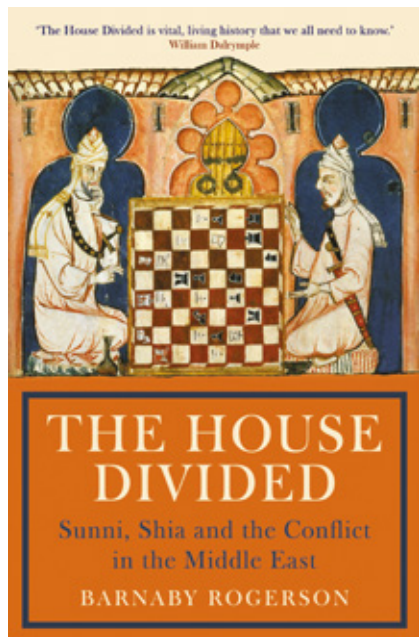
UK Com ex Can

# The House Divided

Sunni, Shia and Conflict in the Middle East

Barnaby Rogerson

*A fresh look at the past, present and future of a conflict at the heart of the Middle East*



Rogerson's timely book begins with the contemporary Middle East and the proxy wars between Saudi Arabia and its Sunni allies and Shiite Iran. To understand these, he suggests, we must understand the origins of the Sunni-Shia divide, which lie with the death of the Prophet Muhammad in 632, the accidental coup that set aside the claims of his son Ali, and the slaughter of Ali's own son Husayn at Kerbala. These events, known to every Muslim, have created a slender fault line through the Middle East.

This is a vivid tale of doomed heroes and secret conspiracies, as Rogerson shows how the rivalries between Arabs, Turks and Persians shaped the modern chessboard of nation states, oil wells, mountains and minorities. It is vital, Rogerson contends, to understand and empathise with the Islamic world's struggles with a conflict which reaches far beyond the Middle East and to the world at large.

**January**

History/Religion

Royal Hardback

480pp £25

ISBN 978 1 78125 725 8

eISBN 978 1 78283 294 2

World All Languages



Barnaby Rogerson has explored the Islamic world for forty years, first as a young guidebook writer, then as a journalist, and finally as a historian. He is the publisher of Eland Books, and his books include *The Prophet Muhammad*, *The Heirs of the Prophet Muhammad* and *The Last Crusaders*.





# Little Englanders

Britain in the Edwardian Era

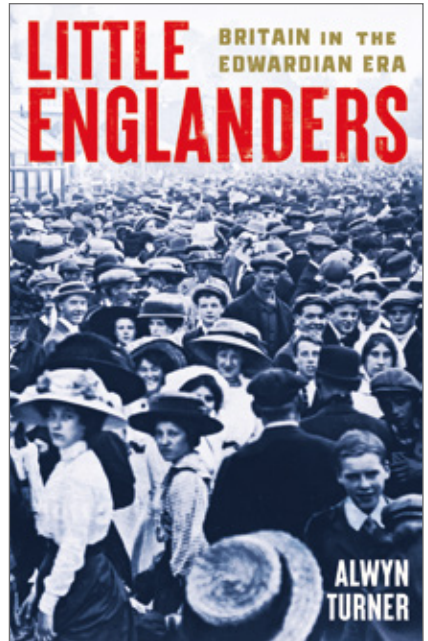
Alwyn Turner

*An authoritative and entertaining history of the Edwardian age, told through its politics and popular culture*

When Queen Victoria died in 1901 it was the end of an era, and many remembered the decade or so that followed as the long afternoon of an empire where the sun never set. Yet the Edwardians themselves knew Britain was changing for ever. Many of the seismic changes they witnessed – a growing mass media and declining morals, war abroad and strikes at home, political rifts and social activism – heralded the birth of modern Britain.

A colourful and hugely entertaining social history, *Little Englanders* recasts the Edwardian era as a time of profound social change, with the rise of women's suffrage and the labour movement, unrest in Ireland and sensational new popular culture. Acclaimed historian Alwyn Turner brings to life Britain's first modern age by examining music halls and male beauty contests, the Peaky Blinders and coronations, the 1908 Summer Olympics and figures like Marie Lloyd, Arthur Conan Doyle and Winston Churchill.

Alwyn Turner is best known for his histories of Britain since the 1990s: *Crisis? What Crisis?*, *Rejoice! Rejoice!* and *A Classless Society*. His last book, *All In It Together*, was a *Sunday Times* Book of the Year, and he has written for the *Daily Telegraph*, *Guardian* and *Unherd*.



**February**  
Social History  
Royal Hardback  
416pp £25  
ISBN 978 1 80081 530 8  
eISBN 978 1 80081 532 2  
Audio 978 1 80522 076 3  
WxUSAC

# In the Long Run

The Future as a Political Idea

Jonathan White

*A revealing history of the future as a political idea, from the Enlightenment to the climate crisis*



Democracy is future-oriented and self-correcting: today's problems can be solved, we are told, in tomorrow's elections. But the biggest issues facing the modern world – from climate collapse and pandemics to recession and world war – each apparently bring us to the edge of the irreversible. What happens to democracy when the future seems no longer open?

In this eye-opening history of ideas, Jonathan White investigates how politics has long been directed by shifting visions of the future, from the birth of ideologies in the nineteenth century to Cold War secrecy and the excesses of the neoliberal age.

As an inescapable sense of disaster defines our politics, White argues that a political commitment to the long-term may be the best way to safeguard democracy. Wide in scope and sharply observed, *In the Long Run* is a history of the future that urges us to make tomorrow new again.

## February

Politics

Demy Hardback

224pp £18.99

ISBN 978 1 80081 230 7

eISBN 978 1 80081 231 4

World English



Jonathan White is Professor of Politics at the London School of Economics. Based at LSE's European Institute, he has published widely on democracy and the politics of emergency. He has written for the *Guardian* and the *New Statesman*, and received the British Academy's Brian Barry Prize for Excellence in Political Science.



# The Return of the Grey Partridge

Restoring Nature on the South Downs

Roger Morgan-Grenville

and Edward Norfolk



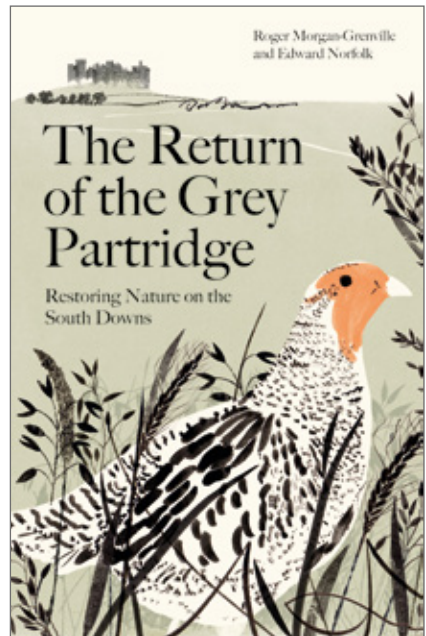
*The Return of the Grey Partridge* tells the extraordinary story of how wildlife is restored to the Arundel Estate in West Sussex. Prompted by the collapse in numbers of one species, the grey partridge, the estate's managers wake up to the devastating effect of modern farming methods on wildlife.

Through the seasons of one year, the farm of Peppering is gradually renatured: fields are divided up with hedgerows and trees, beetle banks are built across fields, the land is manured rather than fed with artificial fertilisers, and much of it is returned to pasture. Detailed descriptions of nature give a sense of this large estate coming back to life – still very much farmland, but with a rapid increase in wildlife and biodiversity. And the partridges return.

Written in collaboration with the Duke of Norfolk, owner of the Arundel Estate, this moving and hopeful account shows how modern farming can work in partnership with nature not only to restore bird life but to benefit the whole ecosystem.

Ex-soldier Roger Morgan-Grenville helped to set up the charity Help for Heroes. He is the author of many books and is a founder member of Curlew Action.

Edward Norfolk spends a lot of his time running his family estate among many business commitments. As the Duke of Norfolk he is the most senior peer in England and owner of the Arundel Estate.



**February**

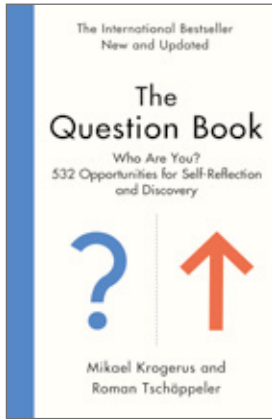
Royal Hardback

208pp £20

ISBN 978 1 80081 906 1

World





**March**

Business/Management

A format Hardback

176pp £10.99

ISBN 978 1 80081 685 5

eISBN 978 1 80081 891 0

UK Com

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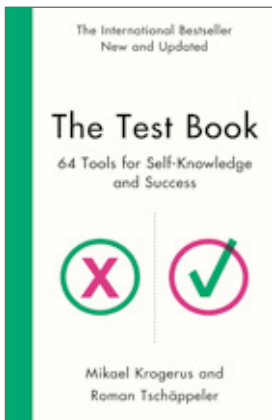
# The Question Book

Who Are You? 532 Opportunities for Self-Reflection and Discovery

Mikael Krogerus and Roman Tschäppeler

*Self-knowledge is the first step to success*

What would your ideal job be if money didn't matter? When did you last stand up for what you believe in? What are you afraid of? In this unique handbook to life and work, there are no right or wrong answers: only honest ones. Because, before you can build a career or find happiness, you must first know yourself. From the professional to the personal, the everyday to the existential, the wide-ranging questions in this book will illuminate your life, your motivations and your values. Fully updated with new questions, you can use the book alone, or with a colleague, partner or friend.



**March**

Business/Management

A format Hardback

208pp £10.99

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UK Com ex Can

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# The Test Book

64 Tools for Self-Knowledge and Success

Mikael Krogerus and Roman Tschäppeler

*A collection of the world's best diagnostic tools*

A pocket-sized compendium of the world's most useful personality tests – a vital tool for anyone seeking to understand themselves and others. This bestselling classic has been fully updated by the authors, who have brought together diagnostic tests for your career, relationships and business, distilling the wisdom and updating the science behind each to help you discover not just your skills, but how well you're utilising them. With analysis of the history, strengths and weaknesses of each test and what your answers mean, this book is the quickest and most entertaining way to find your path forward.

# The Collaboration Book

44 Ideas for Working Better Together

Mikael Krogerus and Roman Tschäppeler

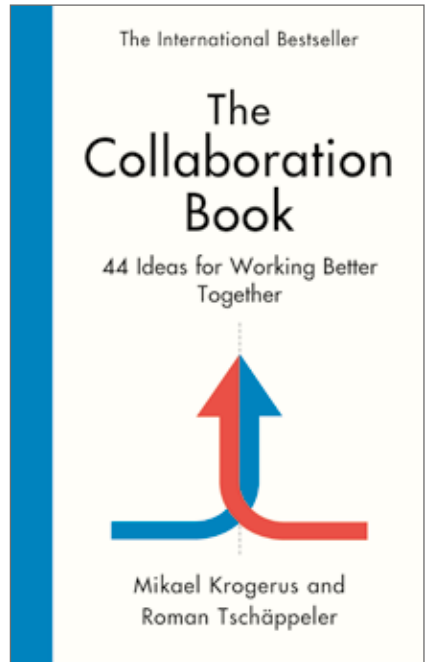
*The best teamwork advice brought together by the bestselling team behind The Decision Book*

The truth about work is: no one can do it alone. Even lone warriors need a team. Even in professions that revolve around individual superstars, collaboration is crucial.

Yet most of us have never learned how to collaborate. How to form a team. How to work with people you don't like. How to motivate yourself and others. How to handle a conflict with grace. How to come to a decision in a group. How to master crises, how to deal with defeat, how to celebrate success (and how to build on it).

Here, the bestselling authors of *The Decision Book* will help you learn all these things and more by bringing together forty-four of the world's best methods for teamwork. From solving problems to achieving your goals to creating the trust necessary to do both, they offer tried-and-tested tools, techniques and advice. Big ideas, distilled to their essence, that will help you find success – no matter the team.

Roman Tschäppeler is a consultant and creative producer with his studio, Guzo, based in Biel, Switzerland. Mikael Krogerus is an editor at *Das Magazin*, the cultural supplement of four of Switzerland's leading newspapers. Together, they are the authors of an internationally bestselling series of smart-thinking books, including *The Decision Book*, *The Change Book* and *The Test Book*.



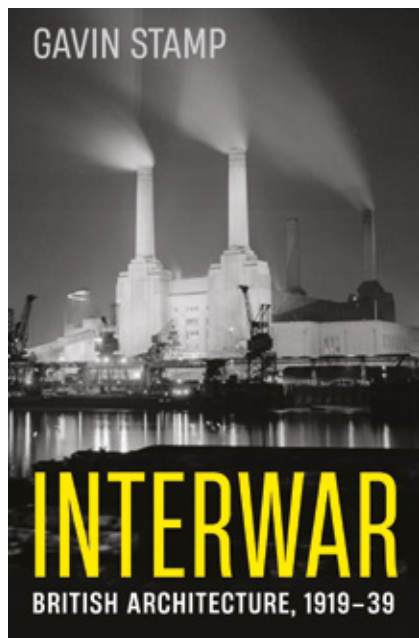
**March**  
Business/Management  
A format Hardback  
176pp £10.99  
ISBN 978 1 80081 800 2  
eISBN 978 1 80081 801 9  
UK Com ex Can

# Interwar

British Architecture, 1919–39

Gavin Stamp

*An authoritative survey of interwar British architecture by the late Gavin Stamp, one of Britain's most respected architectural critics*



Interwar architecture in Britain is most famous for the rise of modernism, but the reality was far more diverse. As the modernists came of age and the traditionalists declined, the rich variety of styles and tastes emerging across Britain mirrored the restless zeitgeist of the years before the Second World War.

*Interwar* is Gavin Stamp's deeply considered account of British architecture between the wars, celebrating the extraordinary vibrancy of the period. Beginning with a survey of modernism after the Armistice, *Interwar* untangles the threads that link lesser-known movements like the Egyptian revival with the enduringly popular Tudorbethan style, chronicling a dynamic age that still shapes many of Britain's towns and cities. The result is more than an architectural history: it is the portrait of a changing nation.

Introduced by Rosemary Hill, Gavin Stamp's final work tells the story of British architecture between the Great War and the Blitz.

## March

Social History/Art  
Royal Hardback  
544pp £40  
ISBN 978 1 80081 739 5  
eISBN 978 1 80081 741 8  
World



Gavin Stamp was an architectural historian and scholar, one of Britain's leading experts on post-war building and design. A former chairman of the Twentieth Century Society and a *Private Eye* columnist, Stamp wrote over twenty books on topics including Edwin Lutyens, George Gilbert Scott, brutalism and telephone boxes.



# Writing on the Wall

Graffiti, Rebellion and the Making of Eighteenth-Century Britain

Madeleine Pelling

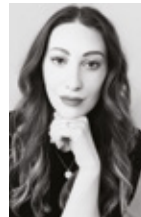
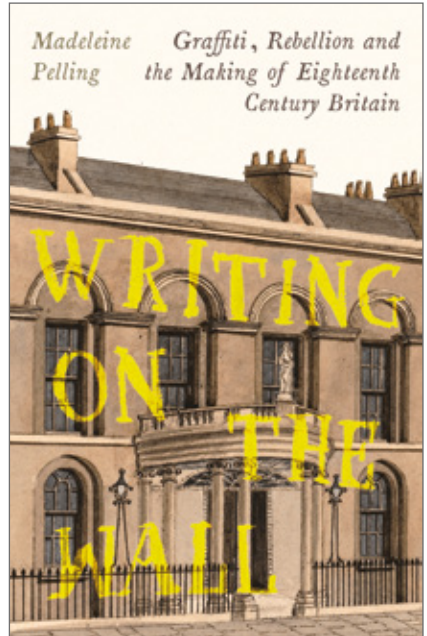
*A riotous and compelling new history of eighteenth-century Britain, told through its graffiti*

What if walls could talk? For historian Madeleine Pelling, they can – if you know where to look.

A brilliant new cultural history of the long eighteenth century, *Writing on the Wall* is told through the marks its citizens left behind, bringing into focus lost voices from the highest to the lowest in society. From the centre of London to the islands of the Caribbean, Pelling goes in search of graffiti, evidence of how ordinary people experienced the world-changing events that defined their lives – from political prisoners to sex workers, homesick sailors, Romantic poets and the artisans of the industrial revolution.

Here are lives, loves, triumphs and failures, scratched into the walls of prisons and latrines, chalked up on doors and etched into windows. The names of their creators may be lost to history, but together they tell the real story of Britain's most rebellious and transformative century.

Madeleine Pelling is a cultural historian specialising in eighteenth-century Britain. She has held research fellowships at the universities of Yale, Edinburgh, Manchester and Queen Mary University of London, as well as at the Royal Archives. Her writing has appeared in the *Guardian*, *Independent*, *BBC History Magazine* and *History Today*, among others.



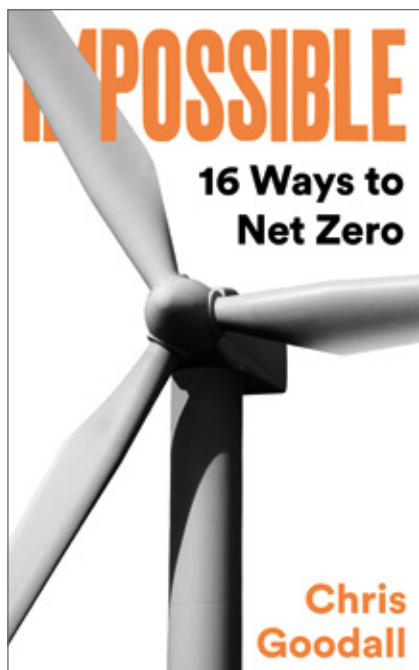
**March**  
Social History/Art  
Royal Hardback  
320pp £25  
ISBN 978 1 80081 199 7  
eISBN 978 1 80081 201 7  
WxUSAC

# Possible

16 Ways to Net Zero

Chris Goodall

'We know how to do this' Al Gore



A carbon neutral future is possible – we have the technology to transform the global economy and guard against the worst effects of climate change. So how do we get to net zero?

In this groundbreaking book, climate tech expert Chris Goodall tackles the challenges we must overcome in a transition to carbon neutrality. He explores the technologies needed – not just for renewable energy, but for changing how steel, cement and fuel are made, locking carbon in healthy soils and building climate-resilient homes. With case studies and success stories from businesses across the globe, Goodall illustrates the incredible potential of a net zero future as well as the determination we will need to decarbonise the world economy.

Smart, practical and clear-eyed about the scale of the task, *Possible* is essential reading for business and political leaders – and individuals – to conceive and achieve a carbon-neutral future.

## March

Environment/Politics

Demy Hardback

256pp £16.99

ISBN 978 1 80081 894 1

eISBN 978 1 80081 896 5

World



Chris Goodall is a world-leading expert on clean energy technologies. His books include *The Switch* (on transitioning to solar power) and *Ten Technologies to Fix Energy and Climate*. He publishes the influential *Carbon Commentary* newsletter and is an advisor to the Pictet Clean Energy Fund.





# The Language Puzzle

How We Talked Our Way Out of the Stone Age

Steven Mithen

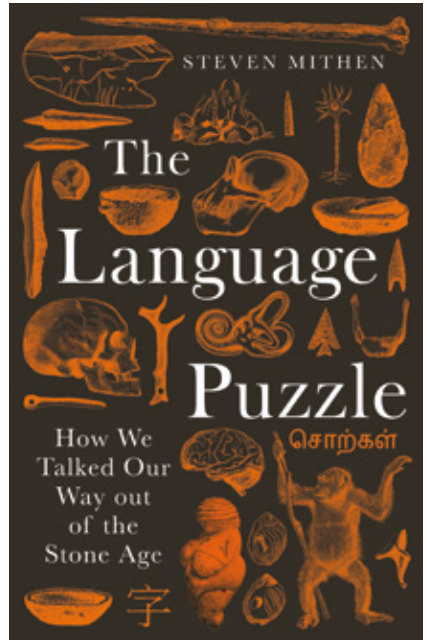
*A groundbreaking new account of prehistory from one of the most esteemed archaeologists working today*

*The Language Puzzle* explains how the invention of words 1.6 million years ago began the evolution of human language from the ape-like calls of our earliest ancestors to our capabilities of today, with over 6,000 languages in the world and each of us knowing over 50,000 words.

Drawing on the latest discoveries in archaeology, linguistics, psychology and genetics, Steven Mithen reconstructs the steps by which language evolved; he explains how it transformed the nature of thought and culture, and how we talked our way out of the Stone Age into the world of farming and swiftly into today's Digital Age.

While this radical new work is not shy to reject outdated ideas about language, it builds bridges between disciplines to forge a new synthesis for the evolution of language that will find widespread acceptance as a new standard account for how humanity began.

Steven Mithen is Professor of Early Prehistory at the University of Reading. He has authored over 200 academic articles and his books have sold over 30,000 copies, including *The Singing Neanderthals*. He became a Fellow of the British Academy in 2004 and won the 2020 Newton Prize.



**March**  
History/Language  
Royal Hardback  
336pp £25  
ISBN 978 1 80081 158 4  
eISBN 978 1 80081 159 1  
World



# Decisions Nobody Made

Dan Davies

*A rousing exposé of how management failures lead organisations to make catastrophic errors*



When we avoid taking a decision, what happens to it? In *Decisions Nobody Made*, Dan Davies examines why markets, institutions and even governments systematically generate outcomes that everyone involved claims not to want. He casts new light on the writing of Stafford Beer, a legendary economist who argued in the 1950s that we should regard organisations as artificial intelligences, capable of taking decisions that are distinct from the intentions of their members.

Management cybernetics was Beer's science of applying self-regulation in organisational settings, but it was largely ignored – with the result being the political and economic crises that we see today. With his signature blend of cynicism and journalistic rigour, Davies looks at what's gone wrong, and what might have been, had the world listened to Stafford Beer when it had the chance.

**April**

Business/Politics

Royal Hardback

320pp £20

ISBN 978 1 78816 954 7

eISBN 978 1 78283 925 5

Audio 978 1 80522 079 4

World

Dan Davies is a former Bank of England economist and investment bank analyst. As a journalist he has tackled the LIBOR and FX scandals, the collapse of Anglo Irish Bank and the Swiss Nazi gold scandal. He has written for the *Financial Times* and the *New Yorker*, among others.



# Impossible City

Paris in the Twenty-first Century

Simon Kuper

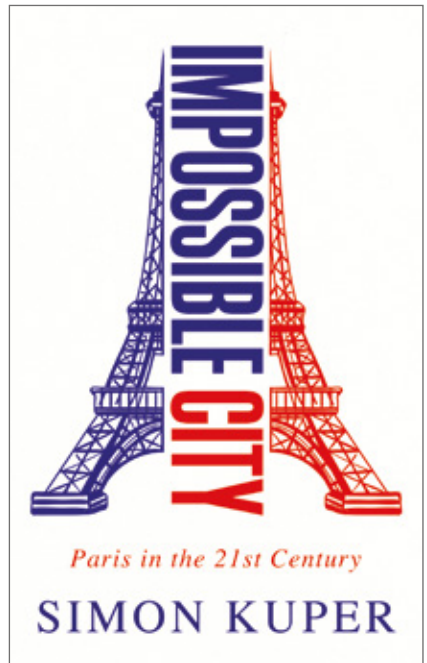
*An unsparing memoir of the city in the twenty-first century, from a long-time Parisien d'adoption*

From the *Sunday Times* bestselling author of *Chums* comes an explorer's tale of a naïf eventually getting to understand a complex, glittering, beautiful and often cruel society – at least a little.

Simon Kuper has experienced Paris both as a human being and as a journalist. He has grown middle-aged there, eaten the croissants, seen his wife through life-threatening cancer, taken his children to countless football matches in the city's notorious *banlieues*, and in 2015 lived through two terrorist attacks.

This decade, Parisians have experienced record floods and heatwaves, the burning of Notre-Dame Cathedral, the storming of the city by *gilets jaunes*, and then the pandemic. Now, as the Olympics come to town – with which publication is perfectly timed to tie in – France is busy executing the 'Grand Paris' project: the most serious attempt yet to knit together the bejewelled city and its neglected suburbs.

Simon Kuper is an author and *Financial Times* journalist, born in Uganda and raised around the world. An Oxford graduate, he later attended Harvard as a Kennedy Scholar. He has written for the *Observer*, *Guardian* and *The Times*, and is also the author of *Chums* and *The Happy Traitor*.



**April**

Politics/Current Affairs

Demy Hardback

288pp £18.99

ISBN 978 1 80081 648 0

eISBN 978 1 80081 649 7

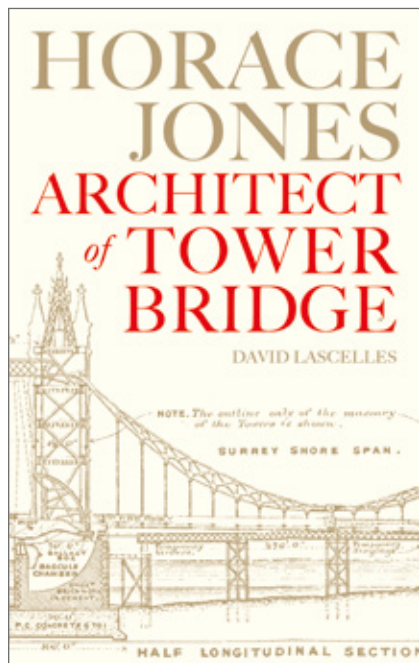
Audio 978 1 80081 867 5

UK Com ex Can

# Horace Jones

Architect of Tower Bridge

David Lascelles



Sir Horace Jones (1819–87) was the architect of Tower Bridge, which he designed in collaboration with John Wolfe Barry. He also designed and built Billingsgate, Leadenhall and Smithfield Markets, and from 1864 until his death completed many important buildings for the City of London. From 1882 to 1885 he was president of the Royal Institute of British Architects.

Despite the fame of his buildings, today Jones's name is largely unknown and this is the first published biography of the architect. It is fully illustrated with examples of Jones's designs and finished works.

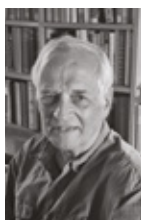
**April**

Demy Hardback

144pp £18.99

ISBN 978 1 80081 950 4

World



David Lascelles was for many years New York correspondent and banking editor at the *Financial Times*. He is the author of *Other People's Money*, a history of banking, and of histories of Rathbones and Arbuthnot Latham. This is his first book on architecture.



# Bald

How I Slowly Learned to Not Hate Having No Hair (And You Can Too)

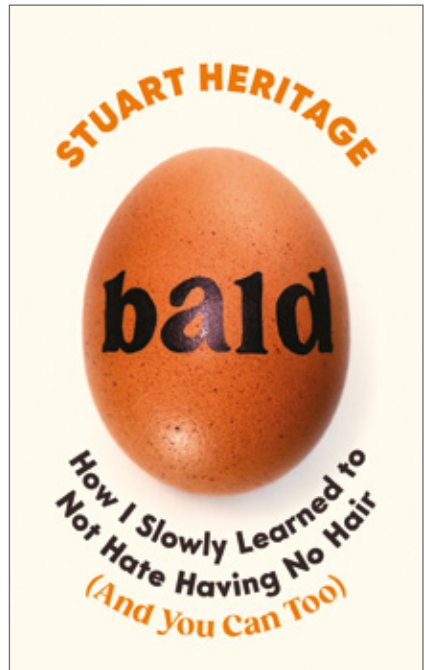
## Stuart Heritage

*A warm and funny guide to making the most out of life in the club that nobody wants to join*

Nobody chooses to be bald. Nobody wants to look into the mirror and be confronted with an absence. Nobody gains any comfort from having a slightly better idea of what their skull looks like.

Stuart Heritage has been bald for two years. But before he accepted the inevitable, he spent a number of years ineptly trying to conceal this fact with an array of expensive treatments and terrible haircuts. Can a man go bald with dignity? Maybe. But can a man go bald with more dignity than Stuart Heritage? Oh good God, yes, and this book is his attempt to make that happen for you.

Part-memoir, part-manual, this is a self-deprecating, funny and genuinely helpful guide to being bald: what really happens, why it matters and how to feel much less crap about it.



Stuart Heritage is a writer and columnist for the *Guardian*, and has written for *Vanity Fair*, *Esquire*, *The Times*, *Men's Health*, *Elle*, *Cosmopolitan*, *Red*, *Marie Claire* and *NME*. He is the author of several books, including *Bedtime Stories for Worried Liberals* and *Don't be a Dick, Pete*. He has also written for television and, as you can see, is bald now, so that's fun.



**April**  
Memoir/Humour  
B format Hardback  
160pp £12.99  
ISBN 978 1 80081 856 9  
eISBN 978 1 80081 858 3  
World



# Metamorphoses

In Search of Franz Kafka

Karolina Watroba

*An original, inventive biography of Franz Kafka –  
from his life to his literature and legacy*



In 2024, exactly one hundred years after his death at the age of forty, readers all over the world will reach for the works of Franz Kafka. Many of them will want to learn more about the enigmatic man behind the classic books filled with mysterious courts and monstrous insects. Who, exactly, was Franz Kafka?

Karolina Watroba, the first Germanist ever elected as a Fellow of Oxford's All Souls College, will tell Kafka's story beyond the boundaries of language, time and space, travelling from the Prague of Kafka's birth to present-day East Asia, where she will explore the award-winning novels that are in part homages to the great man himself.

*Metamorphoses* is a non-chronological journey through Kafka's life, drawing together literary scholarship with the responses of his readers through time. It is both an exploration of Kafka's life and an exciting new way of approaching literary history.

**May**  
Biography/Literary Criticism  
Demy Hardback  
256pp £18.99  
ISBN 978 1 80081 274 1  
eISBN 978 1 80081 276 5  
World



Karolina Watroba is a research fellow at All Souls College, University of Oxford, where she works on modern literature and film across eight European languages and beyond, with a focus on German, English and Polish.



# The High Seas

Ambition, Power and Greed on the Unclaimed Ocean

Olive Heffernan

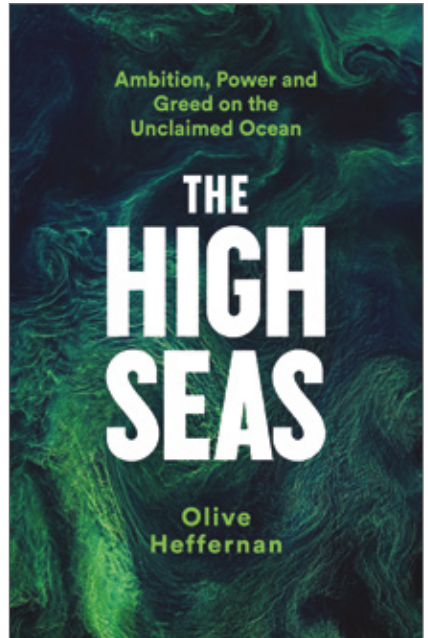
*The race to control, protect and profit from Earth's new blue frontier*

The ocean covers 70 per cent of the Earth's surface, and two-thirds of this lie beyond national borders. Owned by all nations and no nation simultaneously, these waters are home to some of the richest and most biodiverse environments on the planet. But they are also home to unimaginable atrocities.

Here, beyond all borders, industry and economic progress rule and law enforcement and apathy are the status quo. Meanwhile, the race to control, profit from, protect or obliterate the world's largest, wildest commons is underway. Heffernan sets sail to uncover the truth behind deeply exploitative fishing practices, investigate the potentially devastating impact of deep-sea mining, and hold to task Silicon Valley interventionists whose solutions to climate change are often wildly optimistic, radically irresponsible or both.

The result is a forceful and deeply researched manifesto calling for the protection and preservation of this final frontier – the last vestiges of wilderness on Earth.

Olive Heffernan is a science journalist with a doctorate in marine biology. She has written for *Nature*, *National Geographic*, *New Scientist* and others, and was founding chief editor of *Nature Climate Change*. An adjunct lecturer at Johns Hopkins University, she received a Giles St Aubyn Award for Non-Fiction in 2019.



**May**

Nature/History

Royal Hardback

320pp £25

ISBN 978 1 78816 357 6

eISBN 978 1 78283 616 2

Audio 978 1 80522 082 4

UK Com ex Can





# All That Glitters

A Story of Friendship, Fraud and Fine Art

Orlando Whitfield

*Behind the art world's glamorous façade there's everything to play for – if you can pay the price*

When Orlando Whitfield met Inigo Philbrick, they were ambitious art history students who dreamt of dealing art for a living. Their friendship would last for fifteen years until one day, Inigo – by then an art world wunderkind – disappeared, accused of a fraud so gigantic and audacious it rocked the art world to its core.

A sparklingly sharp memoir of greed, ambition and madness, *All That Glitters* tells the story of what happens when art and money collide, and of two friends who got entangled in a ruthless, high-stakes world where the incentives are vast and the risks are even bigger. As Orlando watches Inigo's dazzling rise play out against the background of the contemporary art market, it is revealed as an illusion, then a scam, and finally a disaster – but is he the villain or the victim of a world that was wealthier and wilder than he could ever have imagined?



Orlando Whitfield graduated from Goldsmiths, University of London, in 2009. He started dealing art while still a student, and worked in and around the art market for fifteen years. His writing has appeared in the *Paris Review* and *White Review*. *All That Glitters* is his first book.

**May**  
Art/True Crime  
Royal Hardback  
336pp £20  
ISBN 978 1 78816 995 0  
eISBN 978 1 78283 958 3  
Audio 978 1 80522 080 0  
WxUSAC

# The New Breadline

Hunger and Hope in the Twenty-first Century

Jean-Martin Bauer

*A ground-breaking analysis of the world's hunger crisis and its solutions, from a senior advisor to the World Food Programme*



The face of hunger is changing. Since the Covid pandemic and Russia's invasion of Ukraine, even the West is experiencing a level of food insecurity not seen for generations. Climate change is already resulting in food-related migration, and the world will soon see significant shifts in the location of arable land.

*The New Breadline* is a call to action on the issues of food aid, food security and climate justice, told from the frontlines of hunger. Jean-Martin Bauer eloquently dissects inequity and racism in the humanitarian system, drawing on his Haitian childhood and his career as an aid worker, asking: when decisions about food are being made, who isn't at the table? Urgent, incisive and full of compassion, this is the human story of hunger.

**June**

Politics

Royal Hardback

288pp £20

ISBN 978 1 80081 214 7

eISBN 978 1 80081 215 4

UK Com

Jean-Martin Bauer is a senior advisor to the World Food Programme. A twenty-year veteran of the United Nations, he has worked to combat hunger in West Africa, Syria, Iraq and Central Africa. He has received awards from Harvard and MIT, as well as the Nominet Trust in the UK.

# Right Thing. Right Now.

Justice in an Unjust World

Ryan Holiday

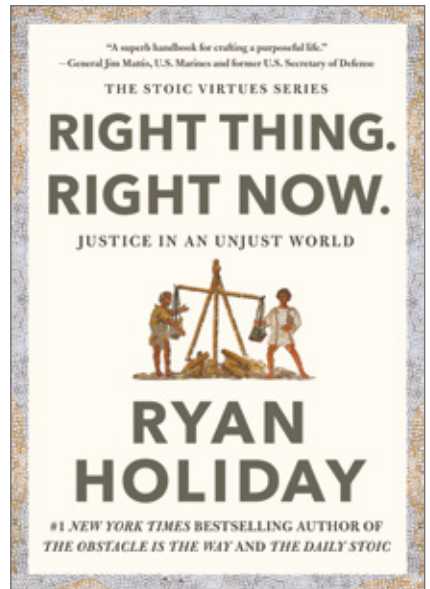
*The latest in the New York Times bestselling Stoic Virtues series: the life-changing power of integrity*

If we do what is right, everything else will follow: happiness, success, meaning, reputation, love. This is central to Stoic wisdom. The path isn't always easy, but it is essential, and the alternative – taking the easy route – leads only to cowardice and shame.

In the third book in his bestselling Stoic Virtues series, Ryan Holiday explores the crucial role that integrity plays in every good life. From pillars of upright living like Ulysses S. Grant and Marcus Aurelius, to the cautionary tales of Napoleon and F. Scott Fitzgerald, this book shows us the power of owning our convictions and acting in accordance with our beliefs – and the perils of an ill-formed conscience.

Our conscience, our sense of justice, is our first and our last strength: we can train it, hone it and fortify it, but above all, we must never lose it. This book shows us the way.

Ryan Holiday is one of the world's bestselling living philosophers. His books have spent over 300 weeks on the bestseller charts, appear in more than forty languages and have sold over 5 million copies. He lives outside Austin, Texas, with his wife and two boys. His bookshop, the Painted Porch, sits on historic Main Street in Bastrop, Texas.



**June**

Self Help/Business  
175 x 129 mm Hardback  
320pp £15.99  
ISBN 978 1 78816 631 7  
eISBN 978 1 78283 757 2  
Audio 978 1 80081 794 4  
UK Com ex Can

# Amuse Bouche

How to Eat Your Way Around France

Carolyn Boyd

*A charming guide to French cuisine by an award-winning food writer*



June

Food/Travel

Demy Hardback

320pp £18.99

ISBN 978 1 80081 038 9

eISBN 978 1 78283 980 4

World



What makes a real *salade niçoise*?

Which type of cheese is officially France's stinkiest?

Why does the Roscoff pink onion have such a superior flavour?

And who exactly are the Brotherhood of the Knights of the Giant Omelette?

Leading expert on French food and culture Carolyn Boyd shares the stories behind the country's most fascinating foods and ingredients. Spanning every region of France and divided into more than 200 separate vignettes, each entry blends history and travel, personal anecdote and recipes.

*Amuse Bouche* is a book to be devoured: a beautifully illustrated, joyous celebration of French food, and a charming, practical guide to inspire your own travels – whether you're a proud Francophile or don't know your *ficelle* from your *flûte*.

Carolyn Boyd is an award-winning British travel and food writer who specialises in France, writing for *The Times*, *Guardian*, *National Geographic Traveller* and *Delicious Magazine*. She is the author of *From the Source: France*, and is communications manager of the Roux Scholarship, the UK's most prestigious chef competition.



# At the Edge of Empire

A Personal History of China's Rise

Edward Wong

*The essential history of modern China, told through the story of one family*

When *New York Times* correspondent Edward Wong arrived in Beijing in 2008, he had a hopeful view of a coming Chinese century. Nearly sixty years earlier, his father held a similarly optimistic vision – and joined the People's Liberation Army to further Mao's revolution. But both men were forced to confront the hard realities of Communist Party rule.

With beautiful writing, sweeping narrative and news-breaking insight into contemporary China, Edward Wong unveils the continuous inner history of China under Mao and Xi Jinping. But the parallel journeys of father and son also illustrate startling shifts over the decades. This is required reading for anyone looking to understand global politics in the twenty-first century, taking the reader straight into the heart of the Hong Kong protests, the upheavals in Xinjiang and the halls of power in Beijing and Washington.



Edward Wong is a diplomatic correspondent for *The New York Times*. He was Beijing bureau chief and his coverage of the Iraq War received a Livingston Award. Previously he was a Wilson Center Fellow and has taught journalism at Harvard, Princeton and UC Berkeley. This is his first book.



**June**

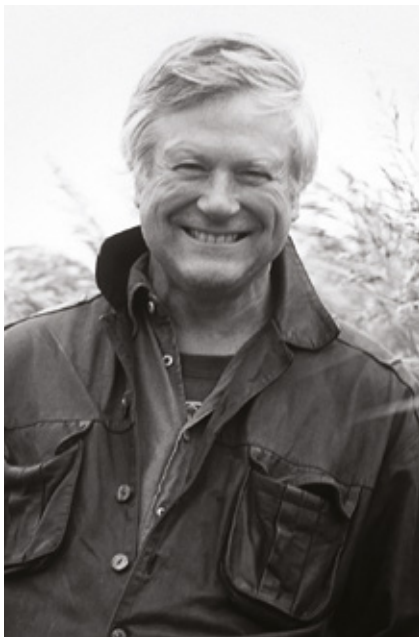
History/Memoir  
Royal Hardback  
352pp £25

ISBN 978 1 78816 265 4  
eISBN 978 1 78283 558 5  
Audio 978 1 80522 085 5  
UK Com ex Can

# The Accidental Garden

Richard Mabey

*The godfather of British nature writing reflects on the conflict between cultivation and autonomous nature*



We regard gardens as our personal dominions, where we can create whatever worlds we desire. But they are also occupied by myriads of other organisms, all with their own lives to lead. The conflict between these two power bases, Richard Mabey suggests, is a microcosm of what is happening in the larger world.

In this provocative book, rooted in the daily dramas of his own Norfolk garden, Mabey offers a different scenario, where nature becomes an equal partner, a 'gardener' itself. Against a background of disordered seasons he watches his 'accidental' garden reorganising itself. Ants sow cowslip seeds in the parched grass. Moorhens take to nesting in trees. A spectacular self-seeded rose springs up in the gravel. The garden becomes a place of cultural and ecological fusion, and perhaps a metaphor for the troubled planet.

This is vintage Mabey, maverick, intensely observed, and written with an unquenchable sense of wonder.

**June**  
Nature  
B format Hardback  
160pp £12.99  
ISBN 978 1 80522 070 1  
eISBN 978 1 80522 071 8

Richard Mabey is one of our greatest nature writers. His books include the bestselling plant bible *Flora Britannica*, *Food for Free*, *Turned Out Nice Again*, *Weeds: The Story of Outlaw Plants* and *Nature Cure*. He is a Fellow of the Royal Society of Literature and lives in Norfolk.

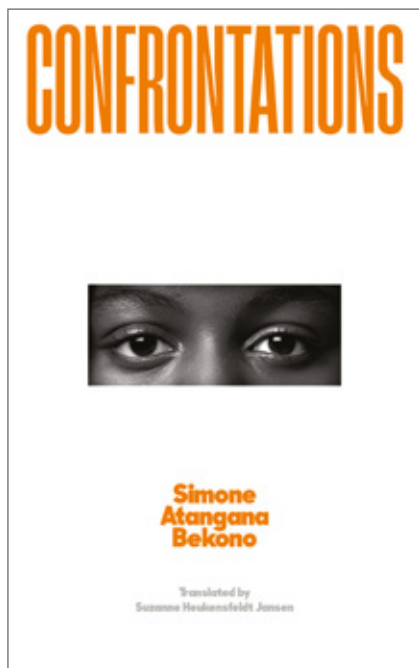
# SERPENT'S TAIL

# Confrontations

## Simone Atangana Bekono

Translated by Suzanne Heukensfeldt Janssen

*A bold, unsettling and heart-breaking story about race, belonging and the legacies of violence*



Salomé was bullied for years and no one did a single thing to help her. One day she finally snapped. Now at sixteen years old, she's being held in a secure unit for young offenders.

Salomé loves reading, mythology and riding her bicycle, but in the unit everyone's focus is on crime and penitence. Salomé's counsellor, the man whose good opinion is key to her release, is best known for his racist gaffes on reality TV. Her father has recently been diagnosed with cancer and her sister Miriam is preoccupied with escaping their hostile village.

Salomé must find new strength to delve into the reasons for her rage and arrive at her own understanding of punishment and the paradoxical demands made on her existence as a Black woman. Raw and unsentimental, *Confrontations* is a powerful depiction of racism and resilience from one of the Netherlands' most exciting new literary voices.

### January

Fiction

Demy Hardback

192pp £14.99

ISBN 978 1 80081 475 2

eISBN 978 1 80081 477 6

Audio 978 1 80081 978 8

UK Com ex Can



Simone Atangana Bekono studied Creative Writing at the ArtEZ University of the Arts in Arnhem. In 2017 her poetry collection *How the First Sparks Became Visible* came out and was awarded the Poëziedebuutprijs Aan Zee for best first collection in 2018. This is her first novel.



# Night Swimmers

Roisin Maguire

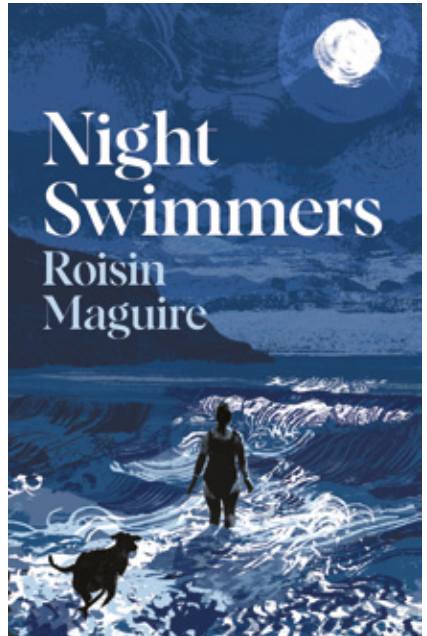
*A funny and moving family story with an unconventional heroine in a quirky coastal community – Olive Kitteridge or The Shipping News on the edge of the Irish Sea*

Grace lives alone in Ballybrady, a village on the beautiful east coast of Northern Ireland. She fills her days with swimming, fishing, quilting and baiting the tourists who arrive from the city with more money than sense. She hasn't left the village since a traumatic stay in London as a young woman at the end of the 1980s.

One of the tourists is Evan, taking an enforced holiday from his family and work in Belfast after breaking down after the death of his daughter in infancy. He has come to try to process his grief and make himself desirable again as a husband, father and business partner.

But he hasn't been there a week until he gets trapped by lockdown. When Grace saves his life in a kayaking accident and Evan's troubled son arrives to stay, all three are drawn together in a way that forces a reckoning with their personal traumas and draws them back into society.

Roisin Maguire lives in Downpatrick, Northern Ireland, where she works as a business manager. In 2019, she completed the Write Here . . . in Belfast novel-writing course, taught by Jan Carson. *Night Swimmers* is her first novel.



**February**

Demy Hardback

320pp £16.99

ISBN 978 1 80081 674 9

EXP Trade Paperback £14.99

ISBN 978 1 80522 121 0

eISBN 978 1 80081 675 6

EXP Trade Paperback £14.99

World



# Notice

Serpent's Tail Classic

Heather Lewis

With an introduction by Melissa Febos

*A profoundly compelling cult classic of erotic obsession and shocking violence*



Her name is not Nina, but that's the name she uses when she turns tricks at her local bar or in the car park. She doesn't really need the money, but it lays bare the truth of each loveless transaction. Still living at home, each chance encounter is a route to escape her sheltered, suburban existence.

One day a man takes her home to meet his beautiful, unhappy wife, Ingrid. She knows she should leave, but instead becomes drawn deeper into their games, and her suspicions of their terrible secrets keep mounting. Caught in a web of fear, intrigue and desire, she will end up in more trouble than she ever bargained for.

Recently rediscovered online, second-hand copies of *Notice* sold out in weeks after going viral. A stark, relentless exploration of power, this provocative cult classic will lead you on an unforgettable journey into pitch darkness.

## March

Fiction

B format Trade Paperback

240pp £9.99

ISBN 978 1 80081 861 3

eISBN 978 1 80081 862 0

UK Com ex Can



Heather Lewis was born in 1962 and attended Sarah Lawrence College. She was also the author of *House Rules* and *The Second Suspect* and contributed to several anthologies. She ended her life in 2002.

# Mrs Gulliver

Valerie Martin

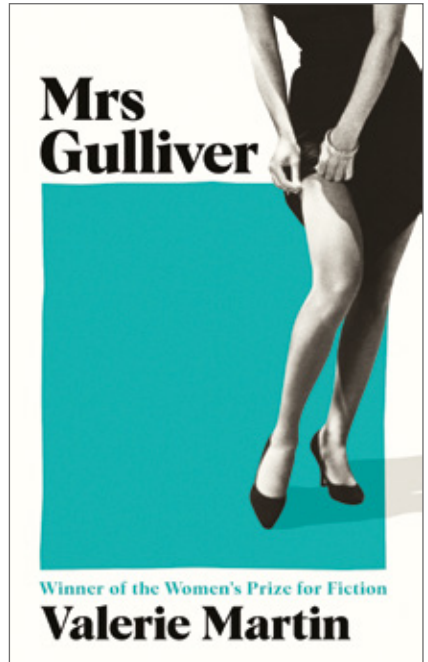
*A short, lush novel from a Women's Prize winner about sex, second chances and taking control in a man's world*

It is 1954, and prostitution is legal in the tropical haven that is Verona Island. Here, among gangsters and corrupt lawmen, Lila Gulliver runs a brothel that promises her exclusive clientele privacy and discretion. When nineteen-year-old Carità, beautiful and blind since birth, comes to her door seeking employment, Mrs Gulliver sees a business opportunity and takes a chance.

One night, the son of a wealthy judge patronises Mrs Gulliver's establishment, immediately falling madly in love with the mesmerising Carità. This is Ian Drohan – young, idealistic and cushioned by wealth and family connections. Mrs Gulliver mistrusts him and worries for Carità's future. Carità, on the other hand, is fearless, headstrong and a force of nature that Mrs Gulliver is always several steps behind.

A dazzling drama filled with sex, wry wit and literary history, *Mrs Gulliver* follows two women who have nothing to lose in their fight for agency on an island too ready to dismiss them.

Valerie Martin is the author of eleven novels, including *I Give It to You*, *Italian Fever* and *Property*, which won the Women's Prize for Fiction. She has been awarded grants from the National Endowment for the Arts and the John Simon Guggenheim Fellowship, as well as the Kafka Prize for *Mary Reilly*.



**March**  
**(Export date: Feb. 2024)**

Fiction  
Demy Hardback  
304pp £16.99  
ISBN 978 1 80081 539 1  
EXP Trade paperback £14.99  
ISBN 978 1 80522 048 0  
eISBN 978 1 80081 542 1  
UK Com ex Can

A

# England Is Mine

Nicolas Padamsee

*An urgent debut set in multicultural London which takes the reader on a frightening journey into online radicalisation*



David hates school, where he has been bullied, and has reached sixth form without any friends. Inspired by his hero, musician Karl Williams, he becomes vegan, wears eyeliner and writes song lyrics. One day, Karl is accused of Islamophobia and cancelled after making comments onstage. Conflicted by feelings for his favourite artist and compelled by conversations he has while playing *Call of Duty*, David becomes fascinated by far-right narratives.

Living in the same East London borough as David, Hassan has his own problems. He is drifting apart from childhood friends who drink, get high and mock him for hanging out at the Muslim youth centre, where he is older than everyone else. Determined to make something of himself, he volunteers for his local mosque and works hard to get the grades he needs to go to university.

As both second-generation immigrants struggle for a sense of identity and belonging – amid a wave of online radicalisation and extremism – their fates become inextricably, catastrophically entwined.

## April

Demy Hardback  
288pp £16.99  
ISBN 978 1 80081 951 1  
eISBN 978 1 80081 952 8  
UK Com ex Can



Nicolas Padamsee grew up in Essex. He holds a Creative Writing MA and a Creative and Critical Writing PhD from the University of East Anglia, and is the editor of *Arts Against Extremism*, which promotes literature as a means of investigating, understanding and countering extremism. He splits his time between Norwich and Upton Park, London.

# Wild Ground

Emily Usher

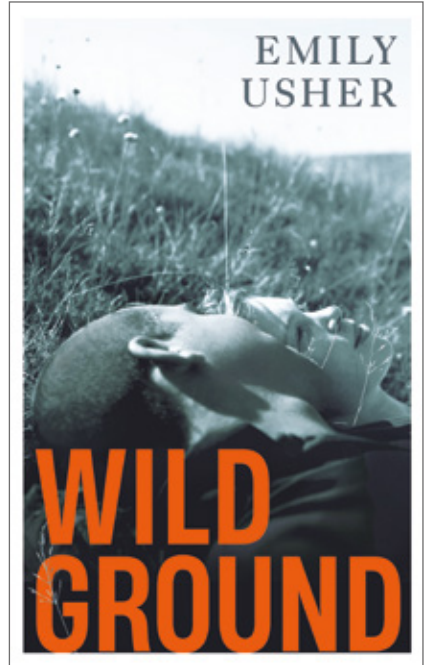
*A working-class Romeo and Juliet set in the beauty and squalor of the Yorkshire edgelands*

Neef has always been a storyteller. Her story now, working in a café in London, is that her name is Jennifer. Jennifer never knew a boy called Danny, never loved him, never had him wrenched away from her.

But when Neef was a teenager, and her troubled mother moved them into a small flat above a pub in a Yorkshire town, Danny was her whole world. Neef and Danny. Danny and Neef. Despite absent parents and prejudices against Danny and his Jamaican father Denz, they found comfort in each other's talents. But as they grew older, their dreams became tarnished by new distractions threatening to destroy them both.

Fifteen years later, Neef is determined to stay anonymous, until Denz reappears to remind her of who she used to be. Confronted by memories, Neef is forced to face the decisions she's made and the person she's become. Heart-breaking and hopeful, *Wild Ground* is a love story that confronts race, addiction and prejudice.

Emily Usher grew up in West Yorkshire, and has lived in Salford, Sheffield and London. She now lives in South Australia, where she works as a freelance writer in the not-for-profit space..



**May**  
Fiction  
Demy Hardback  
352pp £16.99  
ISBN 978 1 80081 561 2  
eISBN 978 1 80081 563 6  
Audio 978 1 80522 083 1  
World English

# Flowers from the Void

Gianni Washington

*Grotesquely gothic short stories in the tradition of Daisy Johnson and Mariana Enríquez to keep you awake all night*



Addictively strange and disturbing, *Flowers From the Void* offers up a bouquet of delectably uncanny tales. A reaper of souls readies herself for her next gruesome assignment. A bereaved African witch prepares for a showdown with a rigidly traditional Salem coven. Elsewhere, an outcast teenage boy is lured into a pact with a schoolfriend that will cost him far more than he ever imagined.

Hauntingly macabre and piercingly insightful about loss and loneliness, the collection leads us into a labyrinth of other possible worlds, each one darker than the last and yet all fearfully close to our own. These gothic short stories are reminiscent of *The Picture of Dorian Gray*, *Frankenstein* and *The Island of Doctor Moreau*, but with a uniquely Black American perspective on horror and folklore. In this scintillating debut collection Gianni Washington explores the limit of intimacy and empathy with the vivid intensity of your worst nightmare.

**May**  
Short Stories/Fiction  
B format Hardback  
224pp £14.99  
ISBN 978 1 80081 631 2  
eISBN 978 1 80081 633 6  
UK Com ex Can



Gianni Washington's writing has been published in the *Fat City Review* online, LitroNY.com, the horror anthology *Brief Grislys* and read aloud on *The Great American Folk Show*. She is a monthly contributor to the *Chicago Review of Books* and holds a PhD in Creative Writing from the University of Surrey.

A



## Constance Debré

Translated by Holly James

*In this prequel to the critical sensation Love Me Tender, the narrator breaks free from conformity to live her life as a butch lesbian*

She seemed to have it all: a wealthy and influential family; a career as a successful lawyer; love from her husband and son. But behind this veneer was the stifling pressure to conform to French society.

*Play Boy* traces one woman's transformation from straight lawyer, mother and wife to a tattooed lesbian taking the Parisian literary scene by storm. The detached, acutely perceptive narrator leads us through the boredom of her life with her husband, his affair, the arrival of her son, and the influence of drugs and alcohol on her relationships. Unburdened by marital and familial obligations, a new clarity emerges, as she breaks free to explore the complexities of her love for women and herself.

An affecting and compelling chronicle of transgression and the balance of power, *Play Boy* is an unflinching account of one woman's discovery of bachelorhood.

Constance Debré is the author of *Love Me Tender*, which won the Prix les Inrockuptibles in 2020 and *Play Boy*, which won the Prix de la Coupole in 2018. *Nom*, the final title in this autofiction trilogy, is forthcoming from Serpent's Tail and will be translated by Lauren Elkin.



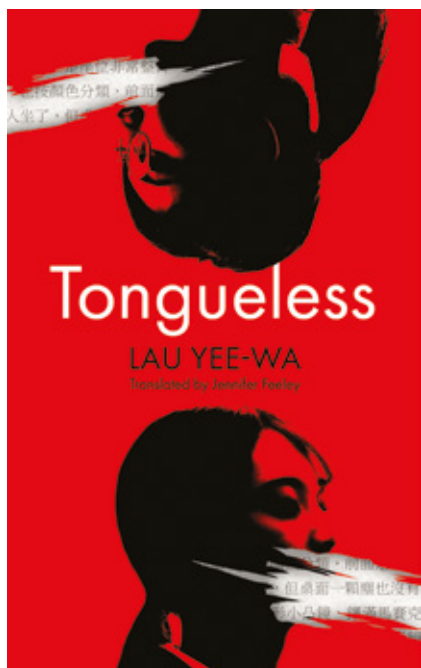
**May**  
B format Trade Paperback  
192pp £10.99  
ISBN 978 1 80081 984 9  
eISBN 978 1 80081 985 6  
UK Com ex Can

# Tongueless

Lau Yee-Wa

Translated by Jennifer Feeley

*A provocative contemporary Hong Kong noir which tells a story of personal rivalry against the fraught background of political change*



Wai and Ling are secondary school Chinese language teachers in Hong Kong, both crumbling under the pressure of a forced transition from using Cantonese to Mandarin as a medium of Chinese-language instruction. Wai, awkward and unpopular, becomes obsessed with Mandarin learning, only to fail the qualification exam, lose her job, and become so possessed by shame that she kills herself in a gruesome performance on a live video feed.

On the other hand, Ling knows how to please her superiors and believes she can tactfully dodge the Mandarin challenge through her social savviness. Now alone with her fears and a newly doubled workload, Ling sees herself haunted and mirrored by Wai's tragedy. What will she do to survive in a ruthless environment where the rules of survival are constantly being re-written?

*Tongueless* is a taut, mercilessly prescient novel of betrayal, power imbalance and rapid social change.

**June**

Fiction

Demy Hardback

288pp £14.99

ISBN 978 1 80081 281 9

eISBN 978 1 80081 283 3

World English



Lau Yee-Wa studied Chinese Language and Literature and Philosophy at the Chinese University of Hong Kong, and has a Postgraduate Diploma in Secondary Education. Yee-Wa worked as an editor for five years before her short story 'The Shark' won the Hong Kong Champion Award for Creative Writing in Chinese in 2016.

A

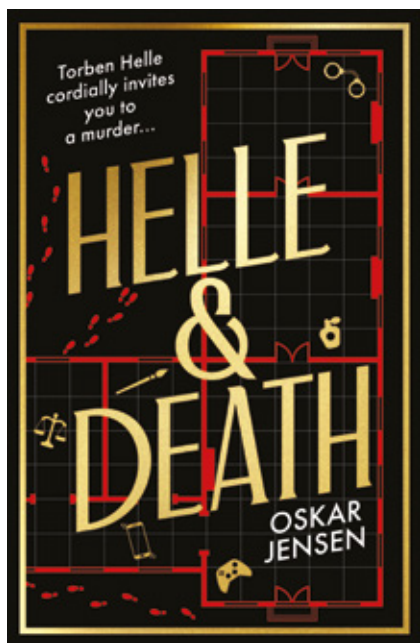


VIPER

# Helle and Death

Oskar Jensen

*A witty murder mystery, which reinvents the Golden Age country house whodunnit for the twenty-first century*



Torben Helle – art historian, Danish ex-pat and owner of several excellent Scandinavian jumpers – finds himself dragged to a remote snowbound Northumbrian mansion for a ten-year reunion with old university friends. At the dinner table their host, a reclusive and irritating tech entrepreneur, makes some shocking revelations. And when these are followed by an apparent suicide, the group faces a test of their wits . . . and their trust.

Snowed in and cut off, surrounded by enigmatic housekeepers and off-duty police inspectors, suspicion and sarcasm quickly turn to panic. Kept afloat by strong drink and stronger women, Torben must draw upon the skills of his training and all the tricks of Golden Age detectives past. As the temperature drops and the tension mounts, it is up to him to work out how much money it would take to turn one of his old friends into a murderer – before someone else ends up dead.

## January

Crime Fiction

Royal Hardback

336pp £16.99

ISBN 978 1 80081 172 0

EXP Trade Paperback £14.99

ISBN 978 1 80081 173 7

eISBN 978 1 80081 175 1

Audio 978 1 80522 074 9

World English



Oskar Jensen is an author and academic at Newcastle University. He has written numerous scholarly tomes, is a BBC New Generation Thinker, appears frequently on Radios 3 and 4, and was a historical advisor for the 2018 TV series *Vanity Fair*. *Helle and Death* is his first novel for adults.

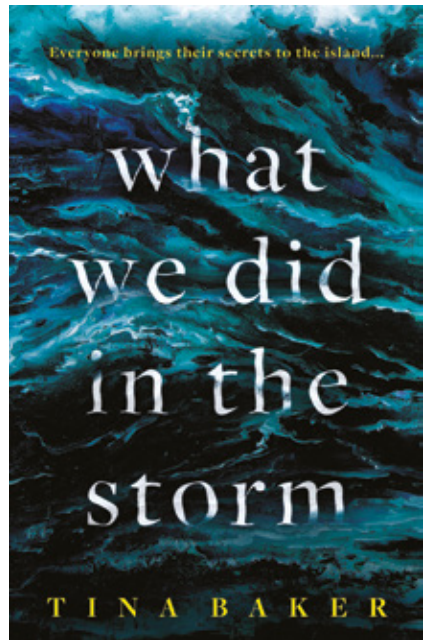
# What We Did in the Storm

Tina Baker

*The new upmarket thriller from the bestselling author of Call Me Mummy and Nasty Little Cuts*

On the beautiful and windswept island of Tresco, two worlds exist side by side. The wealthy visitors come by helicopter to stay at their lavish time-share properties, while the estate staff work all hours to keep them happy, to keep the money flowing in. But while the blue skies and savage waves make the island seem a wild paradise, under the surface the inhabitants are concealing more than they dare reveal – the truths about their marriages, their love affairs, and what they do in the darkness while their neighbours are sleeping.

As black clouds come rolling in and a storm hits the island, two women are attacked and one goes missing. The truths and secrets of this fragile community can no longer be hidden if it hopes to survive. The islanders must finally reveal what they did in the storm, no matter the cost.



Tina Baker is the author of four novels, including the #1 Kindle bestseller *Call Me Mummy*, which featured on *Lorraine*. She spent thirty years as a journalist and broadcaster, and is probably best known as a television critic for the BBC and GMTV, and for winning *Celebrity Fit Club*.

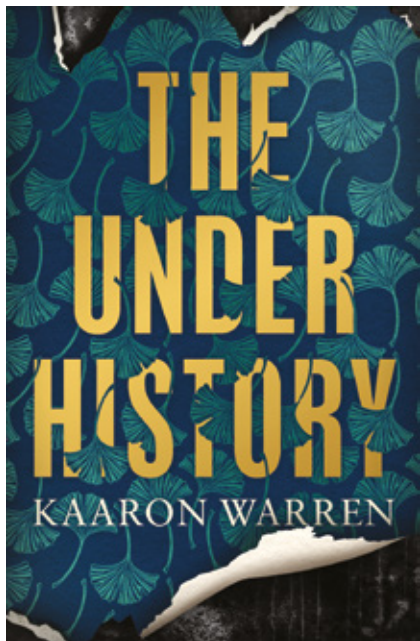


**February**  
Crime Fiction  
Royal Hardback  
400pp £16.99  
ISBN 978 1 80081 1843  
eISBN 978 1 80081 187 4  
WxUSAC

# The Underhistory

Kaaron Warren

*A dark, inventive thriller about the lengths a woman will go to protect her home and the family history within*



Pera Sinclair was nine the day a plane crashed into her family's grand home, killing everyone inside. Over the decades she rebuilt the huge and rambling building, with each room telling a piece of the story of her life and that of the people who died, both before and after the disaster. Her sister, murdered a hundred miles away. The soldier, broken by war. Death follows Pera, and she welcomes it in as an old friend.

During her last haunted house tour of the season, an unexpected group of men arrive. Only one Pera recognises, but she knows their type all too well. Dangerous men, who will keep an old woman alive only so long as she is useful. But as she begins to show them around her home the dangerous men will learn that she is far from helpless. After all, death seems to follow her wherever she goes . . .

**April**

Thriller

Royal Hardback

384pp £16.99

ISBN 978 1 80081 202 4

EXP Trade paperback £14.99

ISBN 978 1 80081 203 1

eISBN 978 1 80081 205 5

Audio 978 1 80522 078 7

World



Kaaron Warren is the author of multiple novels, including *Slights*, and three short-story collections which have won her a Shirley Jackson Award, as well as Australian Shadows Awards, Ditmar Awards and Aurealis Awards. She lives in Canberra, Australia.

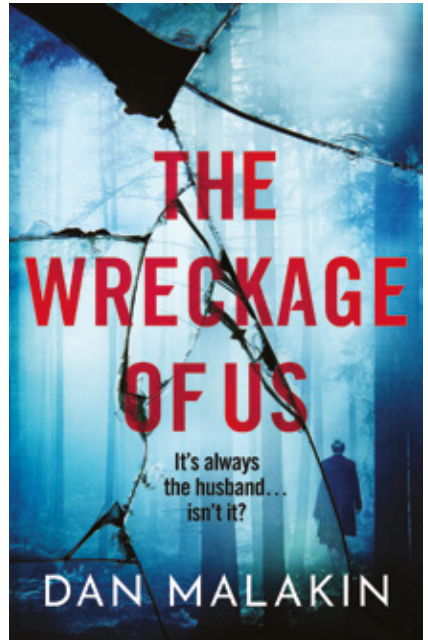
# The Wreckage of Us

Dan Malakin

*The blistering new thriller from the bestselling author of The Regret and The Box*

Astrid Webb is missing. The police have found her car crashed near the woods, the driver's door open, the seat spotted with blood. But there's no sign of Astrid herself. Her husband Brandon is sure that she's alive – after all, this isn't the first time she's vanished, only to reappear without explanation.

As the days pass, Brandon starts to look like a suspect in his wife's disappearance, perhaps in her murder. But Brandon isn't telling the police the whole truth. Not about Astrid's stalker, their broken-in back door, or the threatening messages. Then a woman's body is found in the woods. By staying silent, is Brandon protecting Astrid, or protecting himself?



Dan Malakin is the author of *The Box* and *The Regret*, which was a Kindle bestseller. He has twice been shortlisted for the Bridport Prize. When not writing thrillers, Dan works as a data security consultant. He lives in North London with his wife and daughter.



**June**

Crime Fiction

Royal Hardback

320pp £16.99

ISBN 978 1 78816 845 8

eISBN 978 1 78283 872 2

WxUSAC



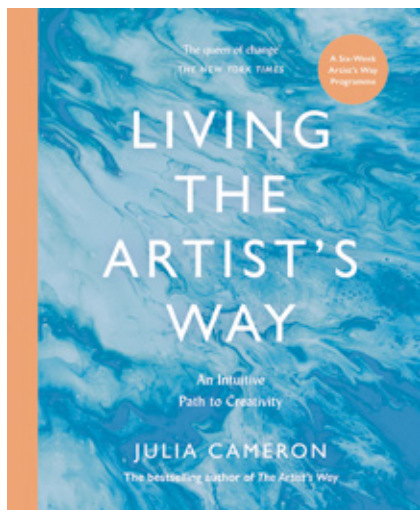
SOUVENIR PRESS

# Living the Artist's Way

An Intuitive Path to Creativity

Julia Cameron

*The essential Artist's Way programme on guiding ourselves back to creativity*



*Living the Artist's Way* is a six-week Artist's Way programme exploring the fourth essential Artist's Way tool: Writing for Guidance. International bestselling author Julia Cameron has inspired millions through creative recovery with her essential tools of Morning Pages and Artist Dates. Through the practice of daily rituals and the faith of listening, Julia takes us further in *Living the Artist's Way*. Leading by creative example, she shows us how we can gain perspective in both our lives and our art.

Revealing a personal side and writing in diary form, Julia shares her pathway toward a happier, lighter life. Grounding and reassuring, guidance can quell our doubts and fears, and lead us to our inner wisdom and authentic selves. *Living the Artist's Way* is an invitation to seek the answers to navigate all areas of our lives, by tapping into our own wisdom and ultimately, guiding ourselves back to creativity.

## January

Personal Development  
228 x 187 mm Trade Paperback  
208pp £18.99  
ISBN 978 1 80081 798 2  
eISBN 978 1 80081 799 9  
Audio 978 1 80522 073 2  
WxUSAC



Julia Cameron is credited with starting a movement in 1992 that brought creativity into mainstream conversation. She is the bestselling author of more than forty books, a poet, songwriter, filmmaker and playwright. *The Artist's Way* has been translated into over forty languages and has sold over five million copies.



# All You Need Is Rhythm and Grit

How to Run Now – for Health, Joy and a Body that Loves You Back

Cory Wharton-Malcolm

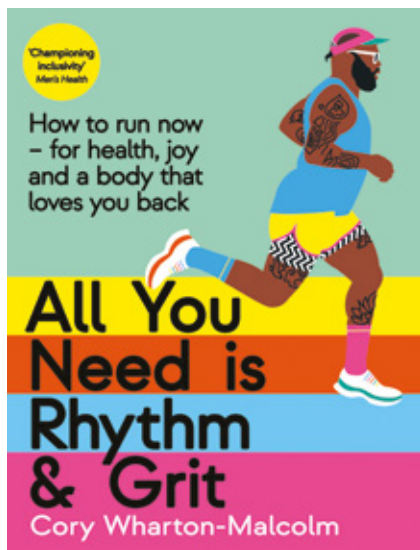
*An infectiously positive and inclusive guide to running, from everyone's favourite Apple Fitness+ and Nike trainer, coach Cory Wharton-Malcolm*

Think running isn't for you? Running coach Cory Wharton-Malcolm challenges this idea head-on with this joyful, motivational guide for beginners. Advocating running as an inclusive and community-focused activity, Cory shows us how to celebrate the incredible mind-body connection by getting your trainers on and starting your running journey from the couch to the end of the road and beyond.

Sharing stories of Cory's own mental and physical health challenges and the way running lifted him up, *All You Need is Rhythm and Grit* includes advice on kit, running routes, pacing, good beats and the will to start and keep going.

Cory believes you don't have to be a tall and slim superhuman to run and feel good doing it! For anyone who thinks running isn't for them, here is a vibrant and inclusive guide to the most egalitarian sport for people of all genders, all bodies, all identities – everyone.

Cory Wharton-Malcolm is a running coach, *Runner's World* columnist, founder of West London running crew TrackMafia and Apple Fitness+ trainer. Previously Nike Run Club's European Head Coach and still the voice of the Nike Run Club app, he has been featured in publications including the *Guardian*, *Evening Standard*, *Men's Health* and *Metro*.



**January**

Personal Development

204 x 153 mm Trade Paperback

256pp £18.99

ISBN 978 1 80081 088 4

eISBN 978 1 80081 090 7

Audio 978 1 80081 709 8

World

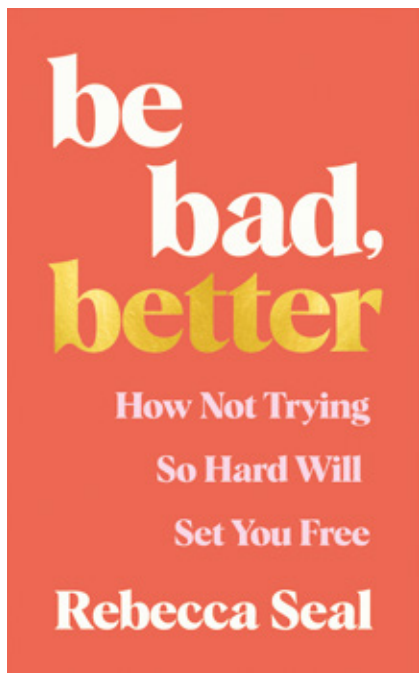


# Be Bad, Better

How Not Trying So Hard Will Set You Free

Rebecca Seal

*A self-help guide to re-evaluating our ideas of success, embracing being 'good enough' and not feeling bad about it*



You do not have to be good. Being calm, efficient and tidy, we're told, is 'good'. To be worthy is to be positive, productive and to always say, 'Yes, I can!' But what if this is wrong? What if some of the things we've been told are bad are just as useful as the good?

Blending science, expert interviews and practical advice, here is the flipside of everything we've been told we should be – and how the bad parts are really not so bad after all. You'll discover:

- why it's helpful to feel angry
- how it's counterproductive to always be productive
- why laziness can improve your relationships
- how clutter inspires creativity
- why mindlessness is good for your mental health

Examining how society polices our behaviour and artificially constructs the good and bad, *Be Bad, Better* is a thoughtful guide to reassessing your ideas of success, embracing every part of yourself and being bad, better.

## January

Personal Development  
Demy Trade Paperback  
288pp £14.99  
ISBN 978 1 80081 687 9  
eISBN 978 1 80081 689 3  
WxUSAC



Rebecca Seal is a journalist, TV presenter and author based in London. She has written for broadsheet newspapers and magazines all over the world, and is a regular expert on Channel 4's *Sunday Brunch*. She is the host of *The Solo Collective* podcast and the author of the bestselling book *Solo: How to Work Alone (and Not Lose Your Mind)*.

# How to ADHD

An Insider's Guide to Working with Your Brain (Not Against It)

Jessica McCabe

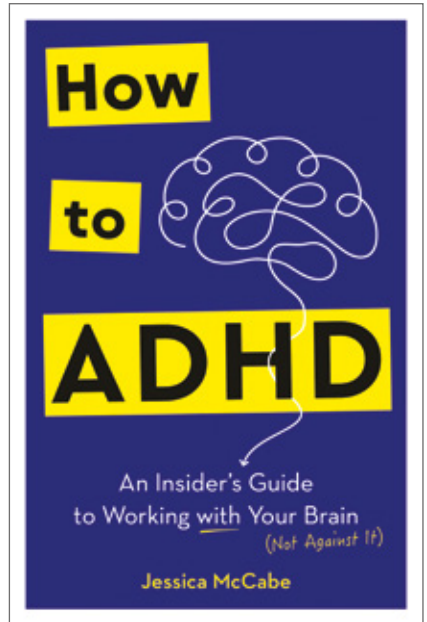
*A smart self-help guide to thriving with ADHD by the creator of the wildly popular YouTube channel How to ADHD*

In *How to ADHD*, Jessica McCabe reveals the insights and tools that have changed her life, while offering an unflinching look at the realities of every day with ADHD. Sharing stories of her struggles with the condition, which spiralled as she approached adulthood, Jessica offers expert-backed guidance for adapting your environment, routines and systems to work with the ADHD brain, including how to:

- **boost your organisational skills** and learn why doing more starts with doing less
- **facilitate your focus** and fight distractions by decreasing the noise
- **build your time wisdom** by planning backwards to prioritise more effectively

Presented in an ADHD-friendly design and packed with practical advice and tools, *How to ADHD* is an affirming, warm and helpful guide that will help you recognise your challenges, tackle 'bad brain days' and, ultimately, to be kinder to yourself.

Jessica McCabe is a writer and the creator of award-winning YouTube channel How to ADHD. Offering guidance on how people with ADHD might work better with their brains, her channel has gained endorsements from treatment providers, ADHD researchers and the wider neurodivergent community. McCabe's work has been featured by *The New York Times*, *Washington Post*, Upworthy and more. She is based in Seattle, Washington.



**January**

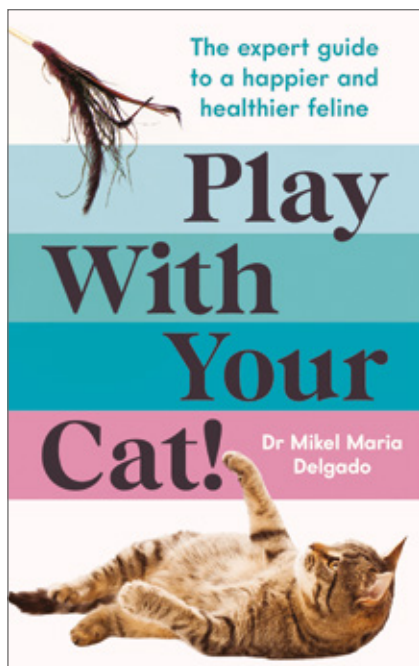
Psychology/Self-Help  
Royal Trade Paperback  
272pp £ 18.99  
ISBN 978 1 80522 125 8  
eISBN 978 1 80522 126 5  
Audio 978 1 80522 128 9  
UK Com ex Can

# Play With Your Cat!

The Expert Guide to a Happier and Healthier Feline

Mikel Delgado

*Why interactive play is essential for your cat's well-being and how to do it well*



What does a cat need besides food, a comfortable home and access to veterinary care? Play!

This practical guide from leading cat behaviour scientist Mikel Delgado explains how interactive play is at the centre of your cat's overall health. Revealing how it mimics the hunting experience that shaped cats' evolution, *Play With Your Cat!* includes:

- advice on selecting toys and setting up your home environment for the perfect play session
- guidance on specific play techniques to exercise your cat's body and mind
- tips on engaging nonchalant, anxious and uninterested kitties
- how to use play to address specific behavioural issues like aggression and litter-box avoidance

With charming illustrations to demonstrate different techniques and evidence-based advice to help you deepen your relationship with your furry friend, this is an essential handbook for cat owners everywhere.

**February**

Reference

Demy Trade Paperback

272pp £14.99

ISBN 978 1 80081 512 4

eISBN 978 1 80081 514 8

WxUSAC



Dr Mikel Maria Delgado is a leading cat behaviour consultant and animal behaviour scientist, whose research has appeared in scientific journals and veterinary textbooks. She co-authored *Total Cat Mojo* with Jackson Galaxy and has been featured in outlets including *The New York Times*, *Atlantic* and BBC.

# Murdle: Even More Killer Puzzles

Solve 100 Cunningly Clever Murder Mystery Logic Puzzles

G. T. Karber

*The third book in the Sunday Times bestselling series – one hundred utterly addictive murder mystery puzzles to solve for armchair detectives everywhere*

Deductive Logico is back on the scene and finds himself in the midst of more dastardly wrongdoing!

These fiendishly compulsive mini-mystery puzzles challenge you to find whodunit, how, where and why. Join Logico again to pit your wits against a slew of dastardly villains and investigate cunningly clever murders in *Murdle: Even More Killer Puzzles*.

Follow the clues, interview the witnesses and use the power of deduction to complete the grid and catch the culprit. Together, you'll unearth the dark truth beneath each murder and crack the code that can only be decrypted once you've solved them all. Utterly addictive and packed with illustrations, codes and maps, this is the ultimate casebook for the armchair detective in each and every one of us.

All you need is a sharp pencil and even sharper wits!



G. T. Karber grew up in Arkansas, the son of a judge and a civil rights attorney. He graduated summa cum laude from the University of Arkansas with a degree in mathematics and English literature before gaining an MFA from the University of Southern California's School of Cinematic Arts. As the General Secretary of the Hollywood Mystery Society, he has staged more than thirty immersive whodunits in the Los Angeles area.



**March**

Puzzles & Quizzes/Gift  
Demy Trade Paperback  
384pp £14.99  
ISBN 978 1 80081 806 4  
UK Com ex Can

A

# How to Find a Four-Leaf Clover

What Autism Can Teach Us About Difference,  
Connection and Belonging

Jodi Rodgers

*A specialist on neurodivergent relationships helps us to better understand and connect with the autistic people in our lives through science and stories*



Jodi Rodgers, on-screen autism specialist from Netflix's *Love on the Spectrum*, draws on three decades of experience as a teacher and counsellor to help neurodivergent and neurotypical people find ways to communicate, connect and thrive.

Blending the latest research on the neurology of the autistic brain with intimate, heart-warming stories about the incredible humans Jodi has worked with during her career, *How to Find a Four-Leaf Clover* helps us use this knowledge to better understand not only the behaviour of autistic people, but our own. Highlighting how we are more similar than we are different, and that everyone is deserving of love and connection, this inspiring book will help us become more empathetic and curious about all the relationships in our lives.

## March

Self Help/Health  
Demy Trade Paperback  
304pp £14.99  
ISBN 978 1 80081 543 8  
eISBN 978 1 80081 545 2  
Audio 978 1 80522 077 0  
UK Com ex Can, ANZ



Jodi Rodgers is an Australian sexologist, counsellor and special education teacher with thirty years of experience working within the education, disability and sexuality fields. Her private practice Birds and Bees helps neurodivergent people create love and connection. She is the on-screen relationship therapist for Netflix's *Love on the Spectrum*, a feel-good dating show for people with autism, broadcast in seven languages.

# Soothe

The Book Your Nervous System Has Been Longing For

Nahid de Belgeonne

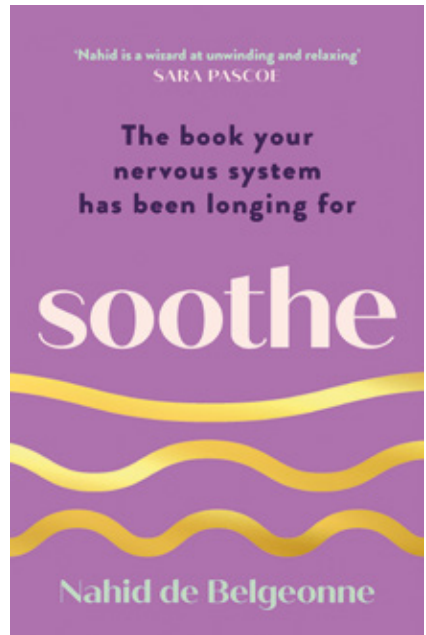
*How to use somatic movement, breathwork and touch to release stress from the body and balance your overworked nervous system*

Our increasingly frantic lifestyles make it difficult to slow down and listen to what our bodies are telling us; we pay attention only when they are broken, without stopping to ask why. Somatic practitioner Nahid de Belgeonne explains the workings of your nervous system and helps you restore calm by physically releasing held stresses. Her practical guide will bring you back to balance, including:

- a foundational lesson on body sensing, establishing a physical and mental awareness
- simple movements with profoundly more soothing effects than lengthy workouts
- how to combine rest and action using your circadian and ultradian rhythms
- how to nourish your nervous system with food and nature
- the importance of connection with ourselves, others and the ground beneath our feet

*Soothe* gives you the blueprint to ease your nervous system of everyday trauma and to positively process future stresses as they come.

Nahid de Belgeonne is a somatic movement coach, breath and yoga teacher. After fifteen years of operating the yoga and well-being brand Good Vibes, she now focuses on private clients with her somatic and restorative system called the Human Method. She has been featured in publications including *The Times*, *Harper's Bazaar*, *Tatler* and *Stylist*.



**March**  
Health/Personal Development  
Demy Trade Paperback  
256pp £14.99  
ISBN 978 1 80081 710 4  
eISBN 978 1 80081 712 8  
World

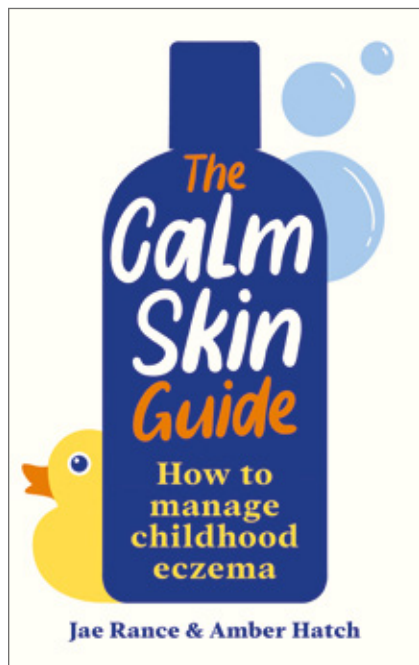


# The Calm Skin Guide

How to Manage Childhood Eczema

Jae Rance and Amber Hatch

*A friendly parents' guide to understanding, managing and living with childhood eczema*



Eczema affects one in five children, and it can be especially upsetting for children under ten who can't understand why their skin is so itchy, sensitive and easily damaged. *The Calm Skin Guide* offers an overview of all the treatment approaches on offer, giving you everything you need to formulate a management plan for your child, with guidance on:

- eczema and the itch-scratch cycle
- doctor and pharmacy-based treatments, including emollients, steroids and antihistamines
- how to assess and use alternative treatments
- identifying triggers in the home like dust, detergents and foods
- what to do in emergency flare-ups

With tips on washing and laundry routines, practical ideas for ensuring comfortable, itch-free sleep, and guidance from GPs and dermatologists, here is friendly, research-based advice to help you keep your child's eczema - and the distress resulting from it - calm, soothed and under control.

## April

Health

Demy Trade Paperback

288pp £14.99

ISBN 978 1 80081 595 7

eISBN 978 1 80081 593 3

World



Jae Rance founded Scratchesleeves to produce child-friendly anti-scratch solutions for kids, after making the first sleeves for her own son as he struggled with eczema.



Amber Hatch is a writer, editor and childminder, with a passion for well-being and meaningful connection. She is the author of five books, including *The Nappy-Free Baby* and *Mindfulness for Parents*.





# The Unexpected

Navigating Pregnancy after Complications

Emily Oster and Dr Nathan Fox

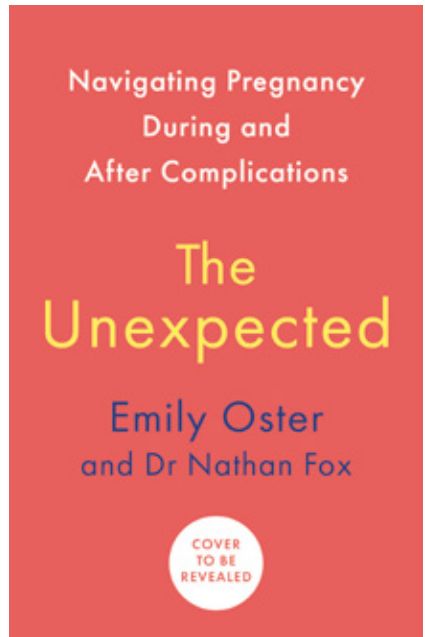
*A data-driven guide of navigating pregnancy complications and what to expect when expecting again*

From the *New York Times* bestselling author of *The Family Firm* comes a practical exploration on how second (and later) pregnancies can feel different to the first time around. On what can feel like uneven terrain, navigating or planning a pregnancy after complications can plunge you into an unfamiliar world of decision-making; conversations with medical providers can be hard and scary, and with a lack of information, it can feel like you aren't given any choices about what happens to you at all.

Second pregnancies can present you with a whole new set of questions and perspectives on your experience, body and well-being. Will the experience of conception and pregnancy (good or bad) be the same this time around? How do you navigate pregnancy and birth with a child already around? Perhaps above all: how can you make the best decisions for yourself? *The Unexpected* will answer these questions, and many more.

Emily Oster is a professor of economics at Brown University and the author of *Cribsheet* and *Expecting Better*. One of *TIME*'s most influential people 2022, her work has been featured in many publications.

Dr Nathan Fox is a professor of obstetrics and gynecology and maternal fetal medicine. He lectures internationally on pregnancy-related topics. He is also the host of the *Healthful Woman Podcast*.



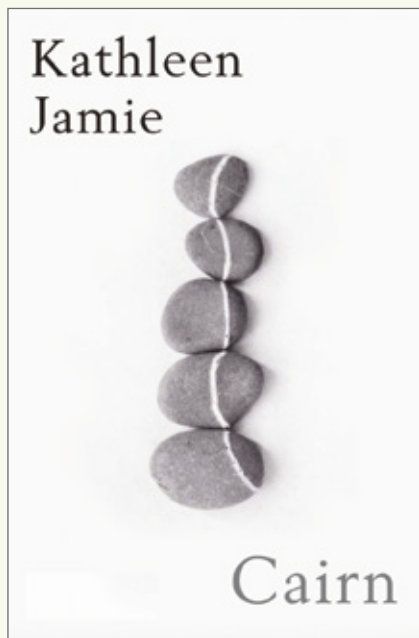
**May**  
Health/Parenting  
Royal Trade Paperback  
320pp £16.99  
ISBN 978 1 80081 767 8  
eISBN 978 1 80081 768 5  
Audio 978 1 80522 081 7  
UK Com ex Can



SORT OF  
BOOKS

## Kathleen Jamie

*Innovative non-fiction by one of the pioneers of new nature writing*



Cairn: a marker on open land, a memorial, a viewpoint shared by strangers.

For the last five years poet and author Kathleen Jamie has been turning her attention to a new form of writing: micro-essays, prose poems, notes and fragments. Placed together, like the stones of a wayside cairn, they mark a changing psychic and physical landscape.

The virtuosity of these short pieces is both subtle and deceptive. Jamie's intent 'noticing' of the natural world is suffused with a clear-eyed awareness of all we endanger. She considers the future her children face while recalling her own childhood and notes the lost innocence in the way we respond to the dramas of nature. With meticulous care she marks the point she has reached, in life and within the cascading crises of our times.

*Cairn* resonates with a beauty and wisdom that only an artist of Jamie's calibre could achieve.

### March

B format Trade Paperback  
160pp £9.99  
ISBN 978 1 91450 200 2  
eISBN 978 1 91450 201 9  
World English



Kathleen Jamie is one of Britain's foremost poets and essayists. In 2021 she was appointed Scotland's Makar or National Poet. Her groundbreaking works of non-fiction – *Findings* (2005), *Sightlines* (2012) and *Surfacing* (2019) – are considered pioneers and exemplars of 'new nature writing'. She lives in Fife.

## Tove Jansson and Tuulikki Pietilä

Translated by Thomas Teal

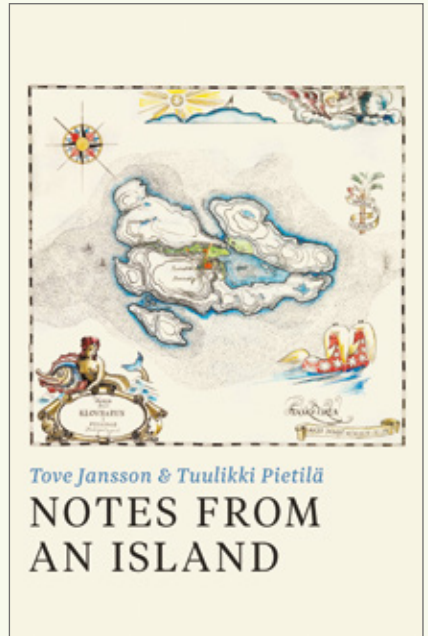
*Beautifully illustrated homage to Jansson's island home – with a bonus piece, The Island, published for the first time in the UK*

‘A treasure trove of wry and profound reflections on nature, love, art and the wonder of being alive’  
*Waterstones Says*

For thirty summers, Tove Jansson and her partner, graphic artist Tuulikki Pietilä, retreated to the island of Klovharun, a rocky outcrop in the gulf of Finland. There they would paint and write, energised by the shifting seascapes. *Notes from an Island* offers both a memoir of, and homage to, this beloved island home, with Tove's spare prose complemented by Tuulikki's subtle washes and aquatints. It is, as the *New Statesman* wrote, ‘a memoir and a love letter to all things wild and weathered’.

*Notes from an Island* was published in English for the first time by Sort Of Books in a deluxe hardback in 2021. This paperback edition includes a bonus feature, ‘The Island’ – Tove's acclaimed ‘essay-poem’ that prefigured *The Summer Book*.

Tove Jansson (1914–2001) is best known as the creator of the world-famous Moomin stories and as author of *The Summer Book* (a major film is due for release). For more than forty years she shared her life with the graphic artist Tuulikki Pietilä (1917–2009).



**March**

B format Paperback

112pp £9.99

ISBN 978 1 90874 594 1

WxUSAC



THE  
ECONOMIST

# Best Story Wins

Storytelling for Business Success

Mark Edwards

*How to harness the power of storytelling in your communications at work*



Whether you're standing up in front of a crowd at a conference or chatting with a colleague on Zoom, storytelling is the most effective way to get your point across. It works in ninety-second Super Bowl TV spots, it works in ten-second social media formats, and it works in that email you have to fire off in five seconds flat.

Why? The short answer is that people don't make decisions based on logic. They make decisions based on emotions. To persuade, influence and inspire, you need to make an emotional connection. And storytelling is the best way of doing that.

Journalist-turned-business coach Mark Edwards has developed his own methodology – SUPERB – for telling compelling stories at work. From the classic Hero's Journey to why we all need to Save the Cat, *Best Story Wins* shows how storytelling will make better communicators of us all.

**June**

Business/Management  
B format Trade Paperback  
240pp £10.99  
ISBN 978 1 80081 577 3  
eISBN 978 1 80081 578 0  
WxUSAC



Mark Edwards is a corporate speechwriting coach and pitch doctor in the media, marketing and advertising industries. He began his career as a business journalist twenty-five years ago, writing weekly for the *Sunday Times*. He is the co-author of *Belonging* and the author of *The Tao of Bowie*.

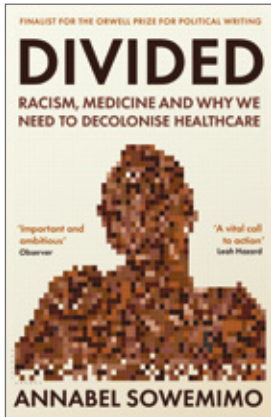








PROFILE  
PAPERBACKS



**October 2023**

Health/History/Science

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# Divided

Racism, Medicine and Why We Need to Decolonise Healthcare

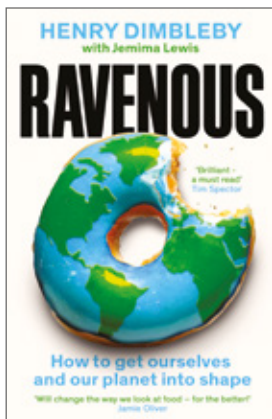
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*A vital, eye-opening exploration of race and health*

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# Sensational

A New Story of our Senses

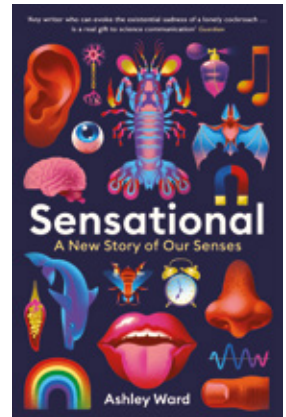
Ashley Ward

*A smorgasbord of the senses from a professor of animal behaviour: how they work, why they're there, and what they mean for both human and animal lives*

'[An] infectiously enthusiastic survey of the human senses . . . underneath the entertainment this is a serious and thoughtful book' James McConnachie, *Sunday Times*

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**January**

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From Colonial Acquisitions to Cosmopolitan Exhibitions

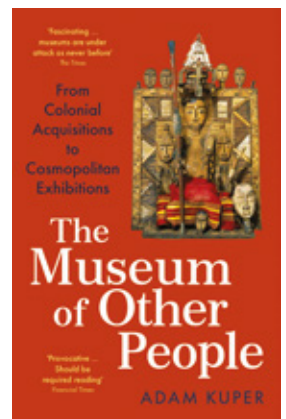
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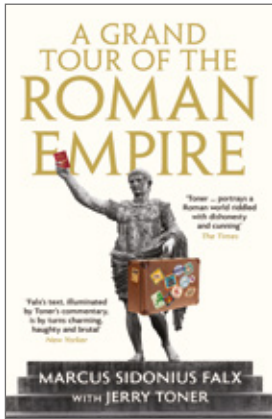
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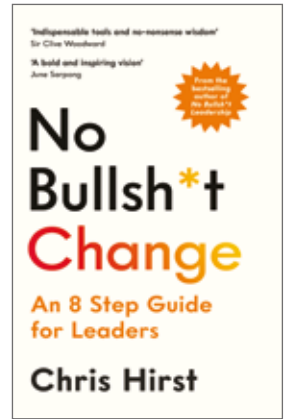
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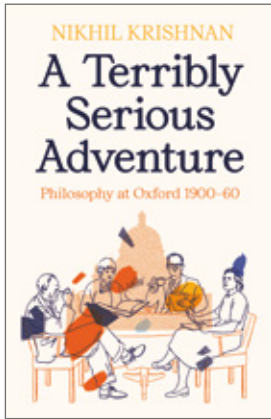
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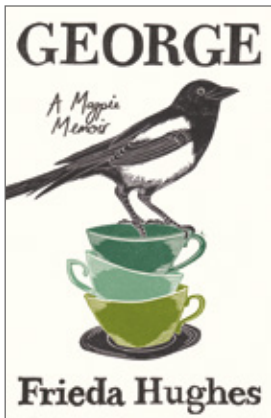
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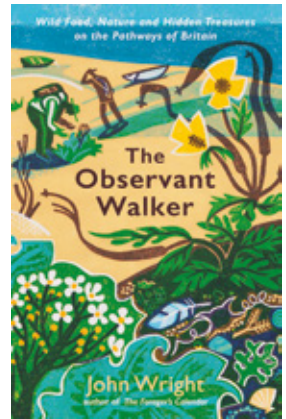
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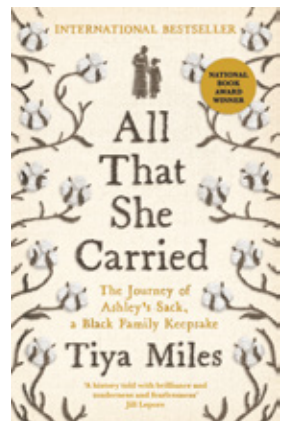
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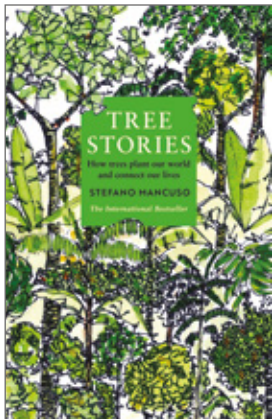
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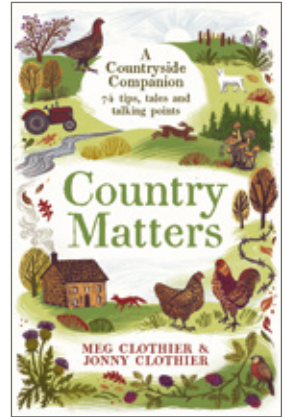
Meg Clothier and Jonny Clothier

*A delightful guide to the countryside: full of fascinating facts, local lore and useful advice*

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# Ritual

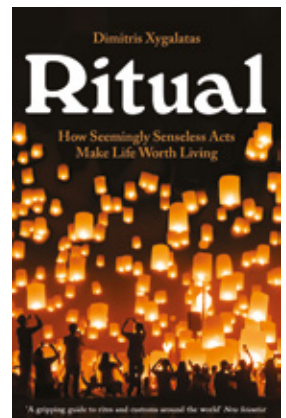
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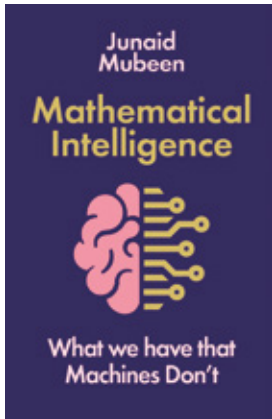
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# Mathematical Intelligence

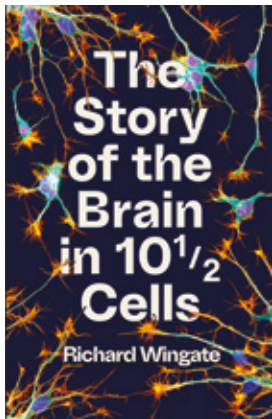
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**May**

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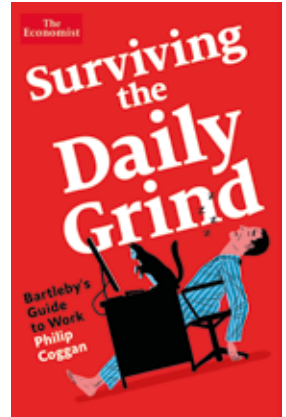
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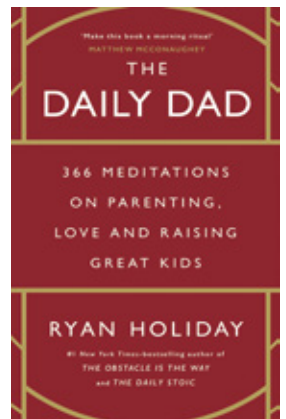


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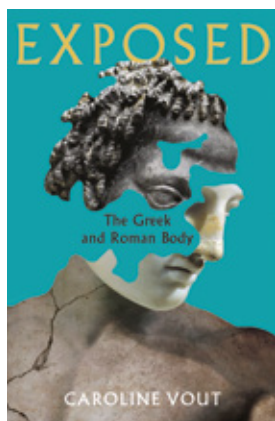
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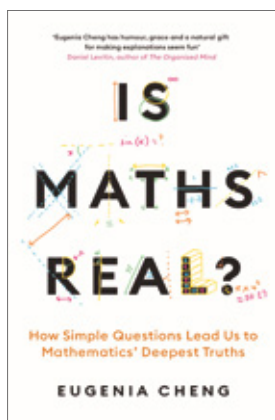
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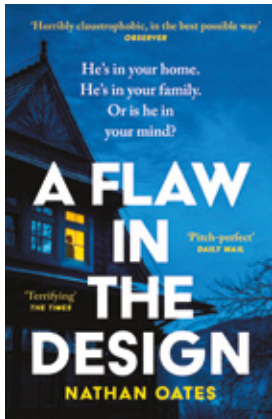
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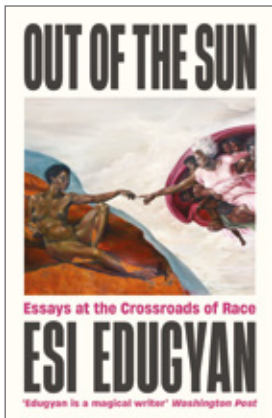
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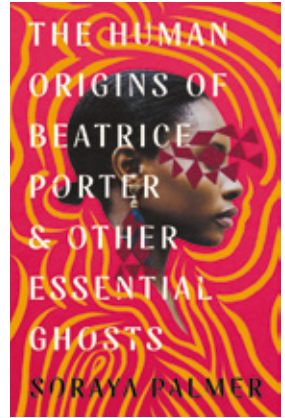
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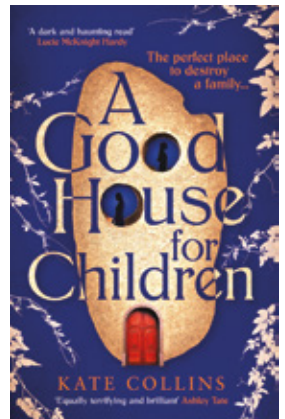
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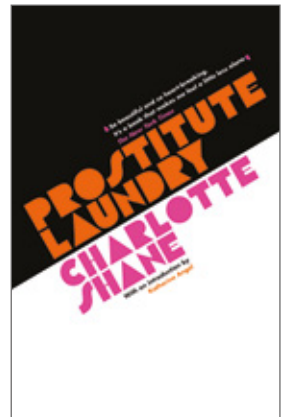
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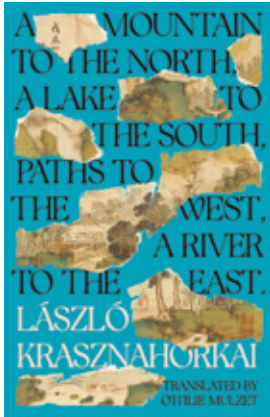
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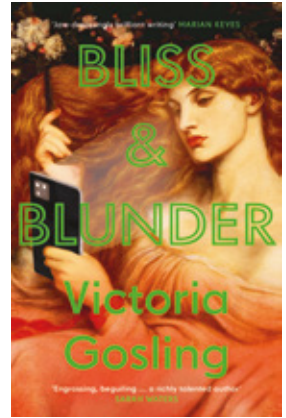
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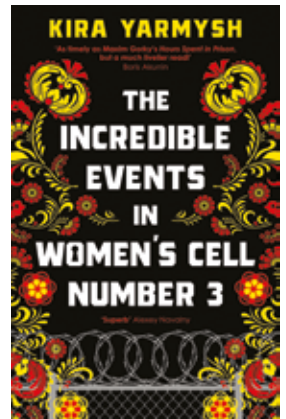
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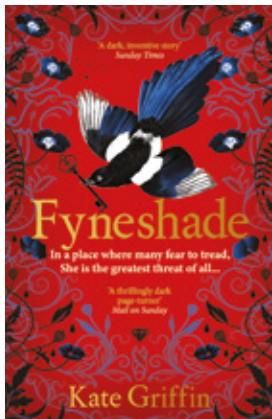
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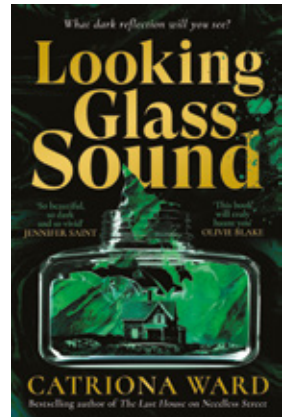
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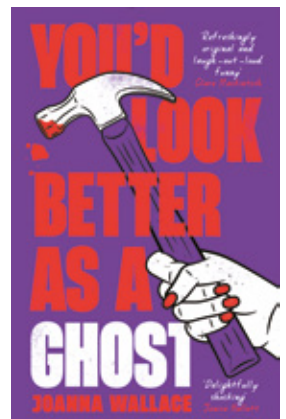
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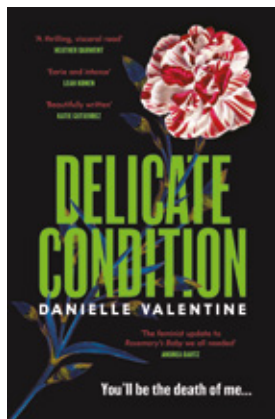


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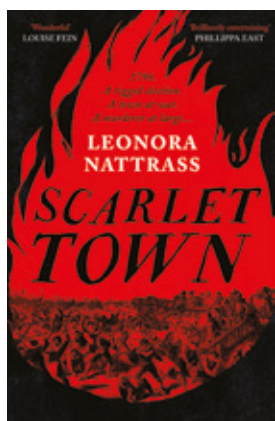
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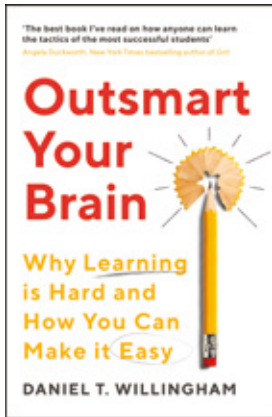
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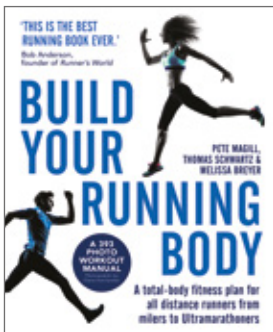
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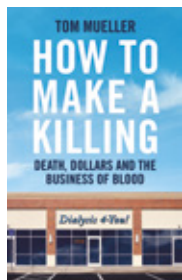
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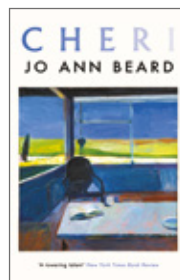
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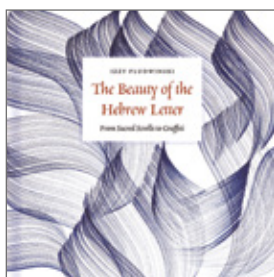
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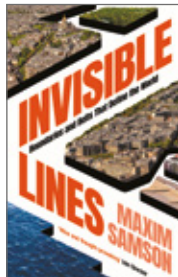
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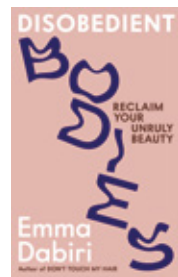
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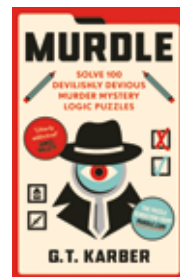
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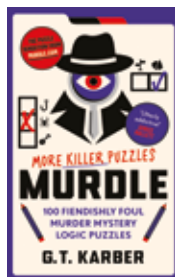
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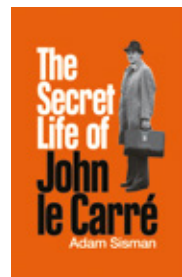
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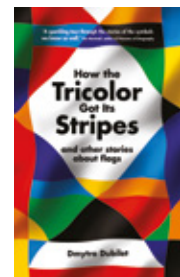
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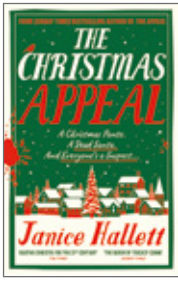
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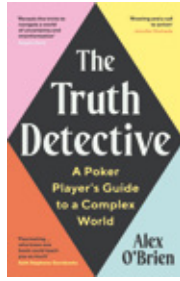
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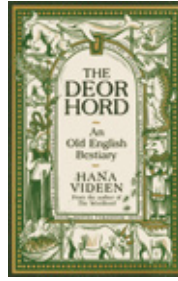
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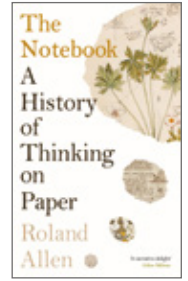
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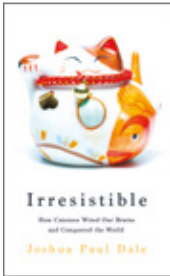
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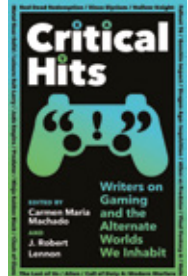
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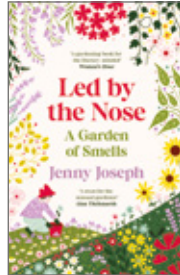
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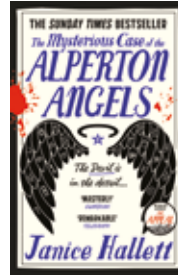
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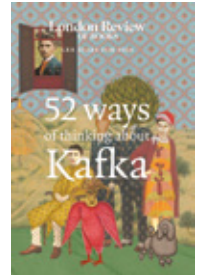
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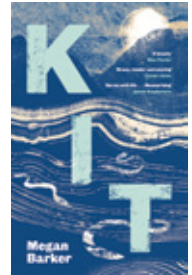
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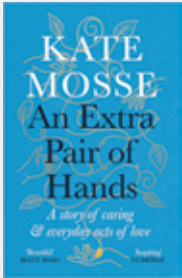
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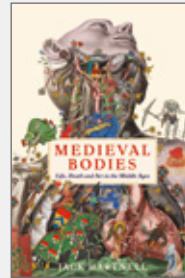
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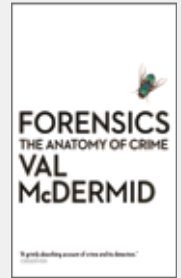
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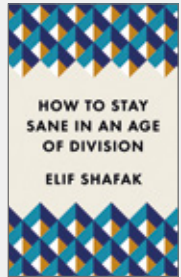
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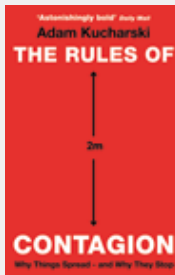
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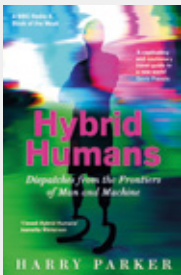
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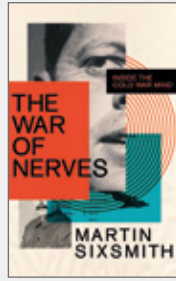


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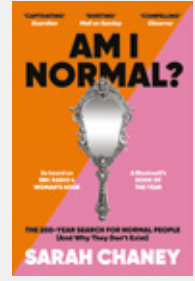
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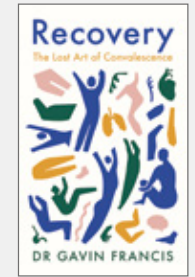
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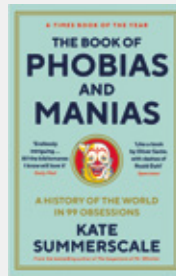
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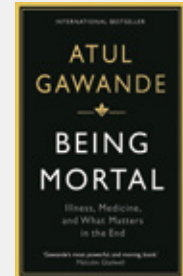
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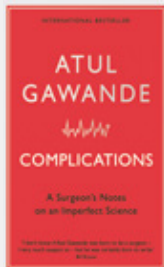
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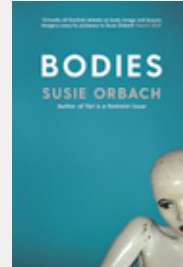
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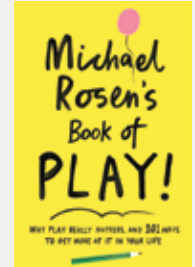
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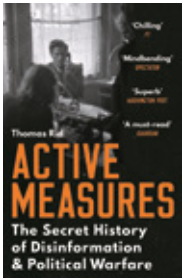
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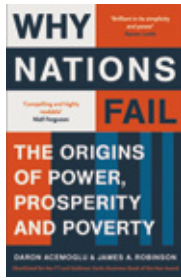
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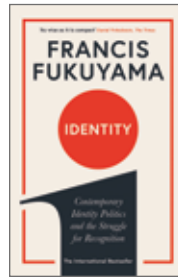
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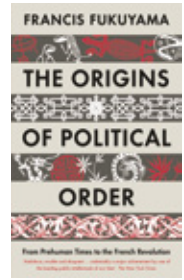
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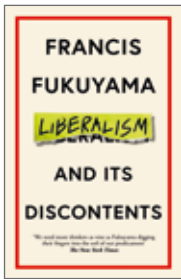
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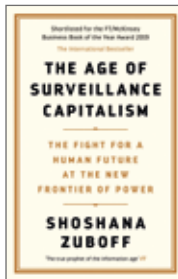
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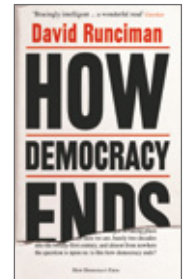
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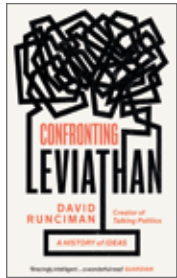
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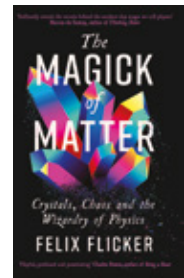
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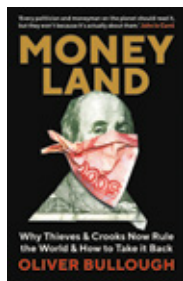
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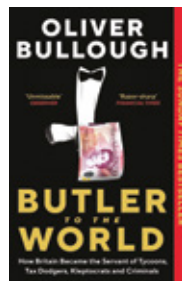
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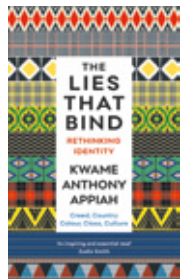
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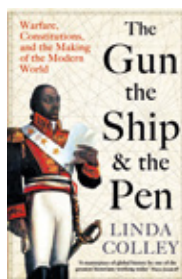
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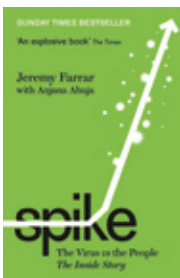
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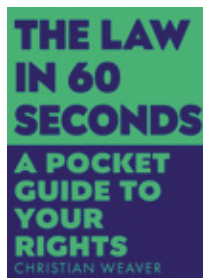
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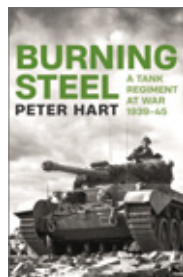
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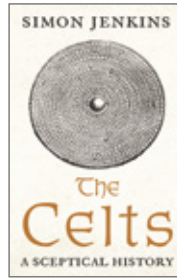
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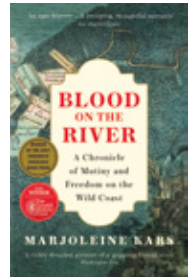
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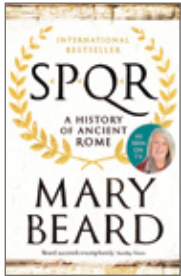
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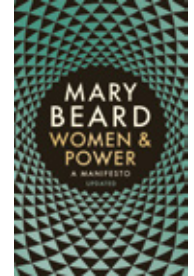
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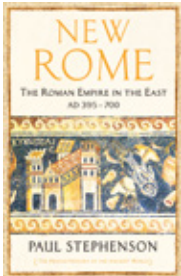
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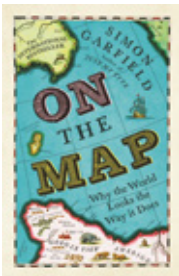
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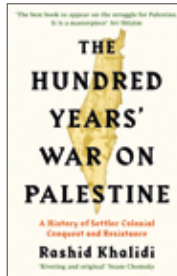
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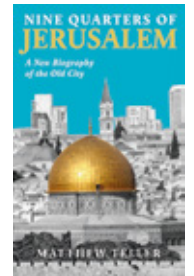
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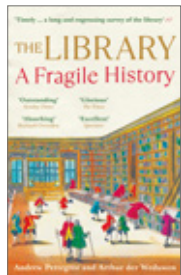
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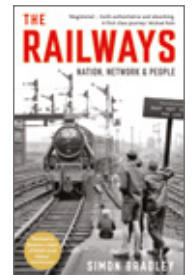
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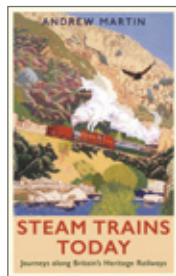
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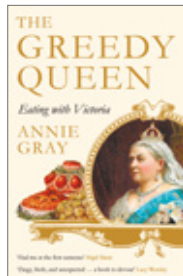
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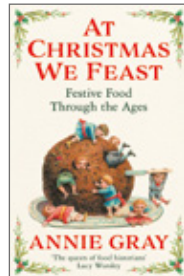
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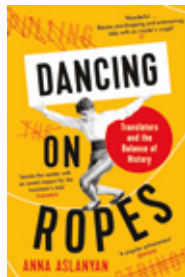
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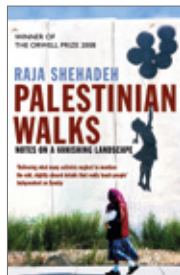
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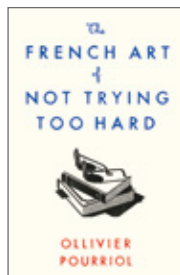
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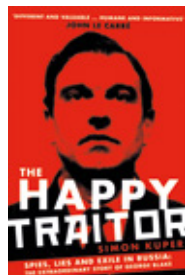
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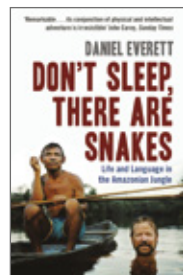
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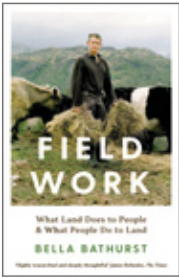
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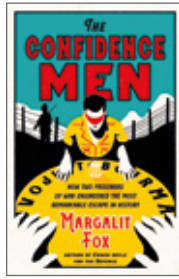
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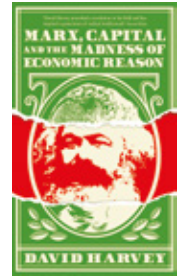
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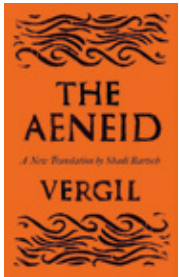
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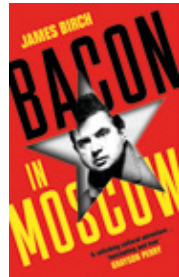
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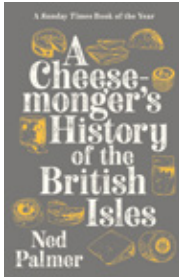
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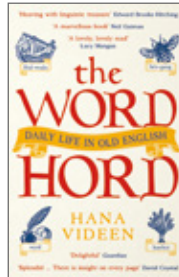
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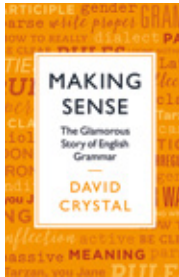
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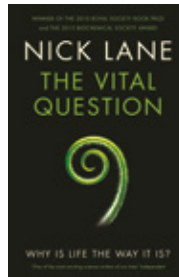
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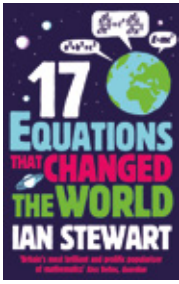
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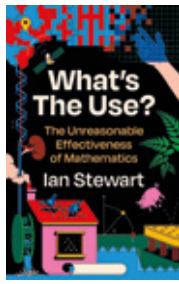
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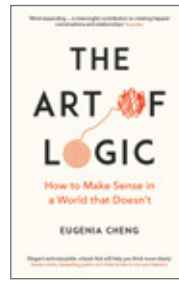
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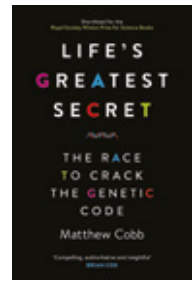
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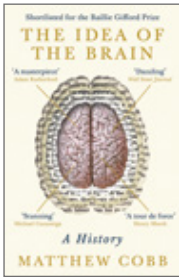
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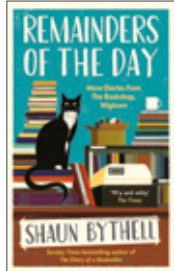
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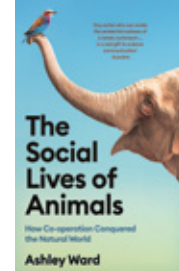
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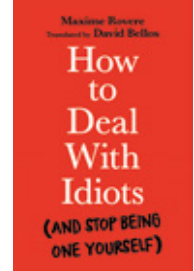
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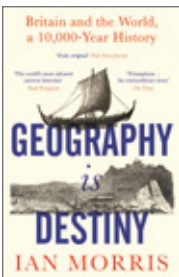
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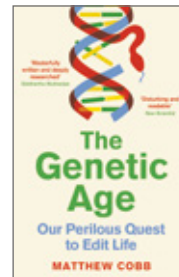
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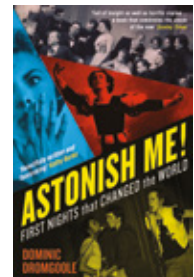
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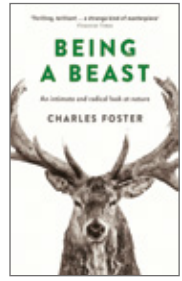
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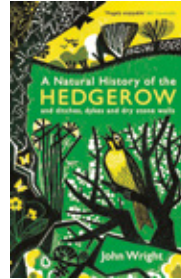
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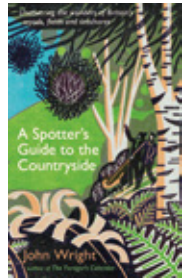
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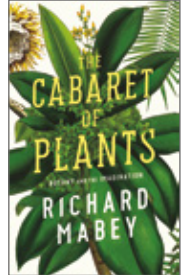
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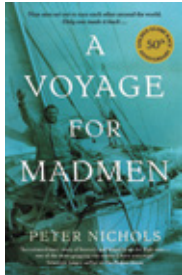
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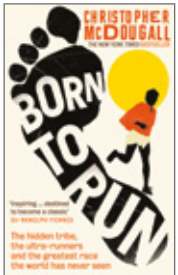
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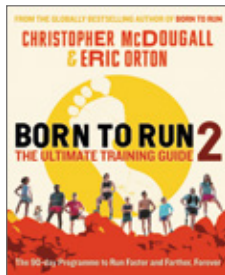
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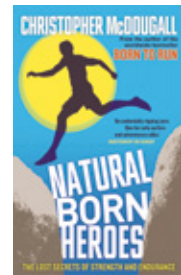
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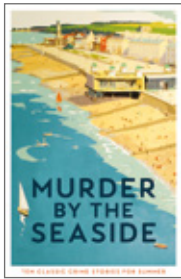
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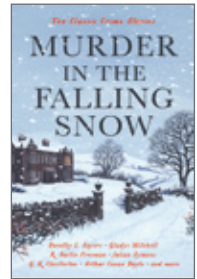
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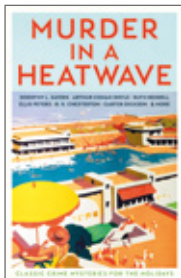
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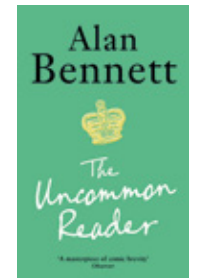
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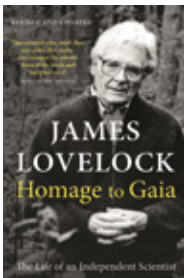
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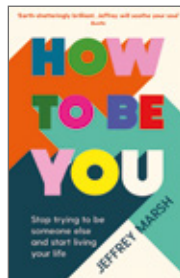
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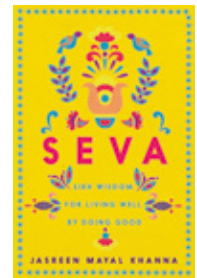
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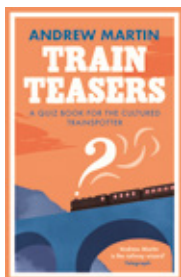
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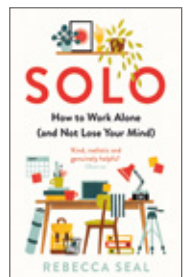
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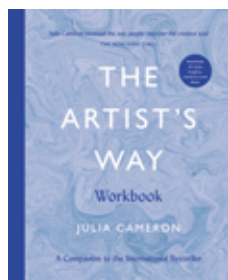
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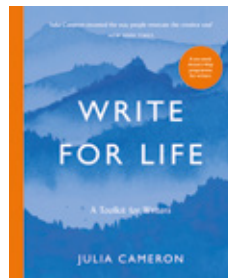
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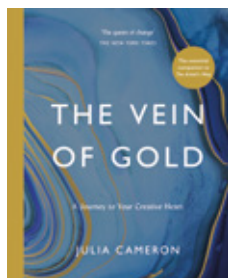
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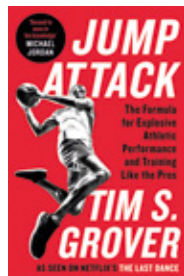
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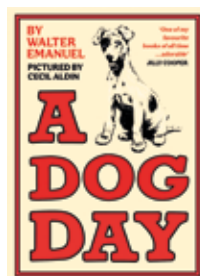
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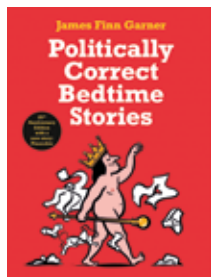
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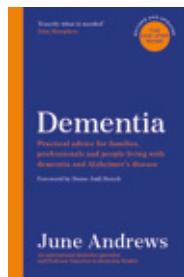
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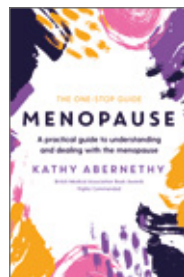
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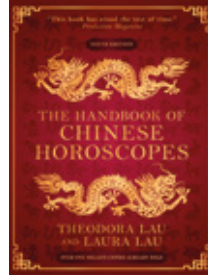
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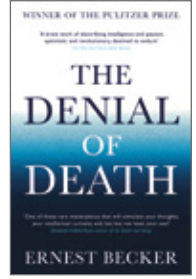
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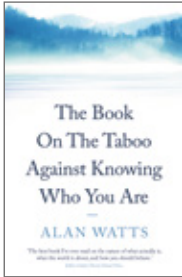
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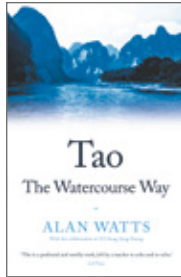
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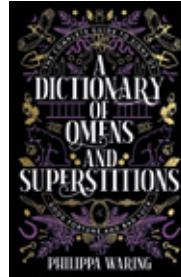
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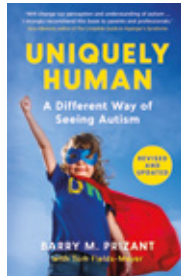
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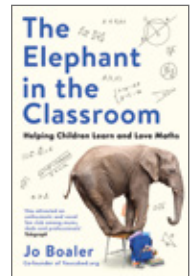
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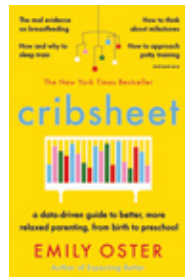
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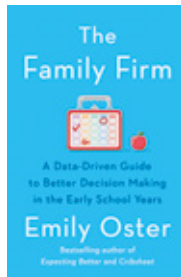
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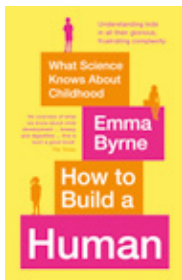
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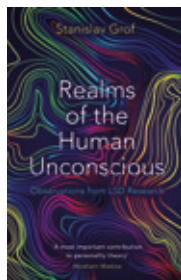
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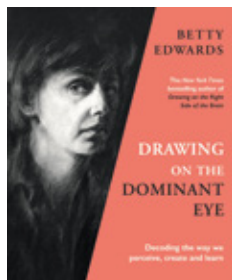
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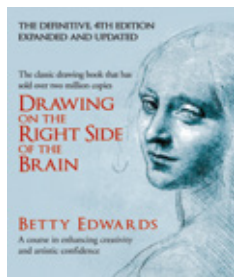
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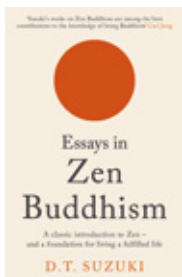
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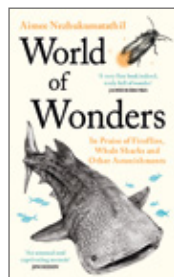
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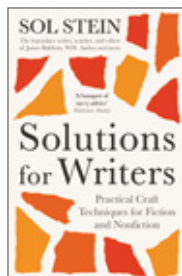
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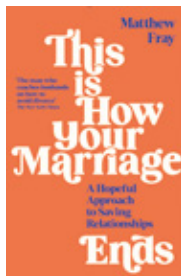
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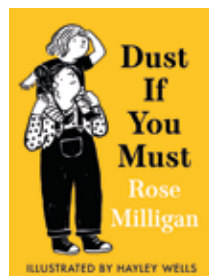
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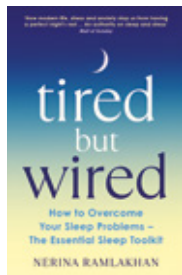
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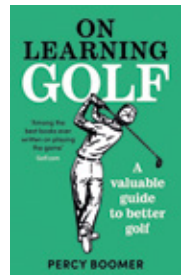
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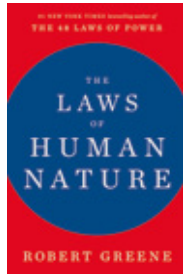
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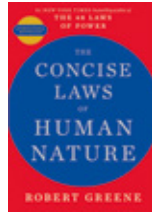


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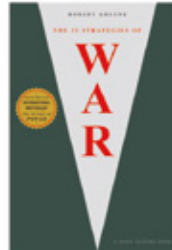
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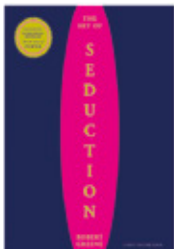
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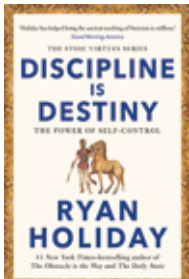
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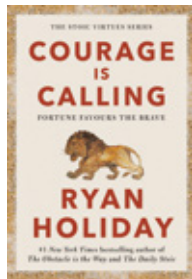
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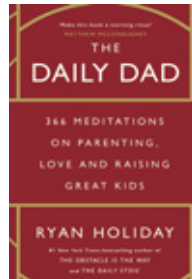
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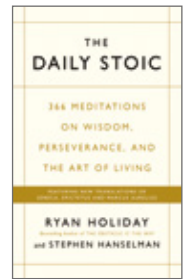
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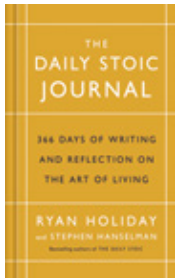
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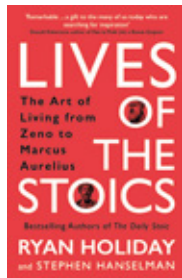
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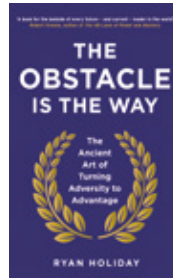
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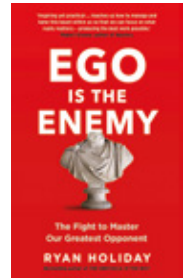
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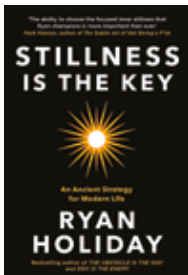
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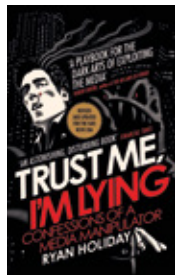
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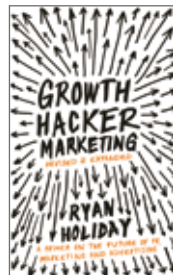
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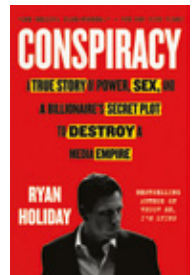
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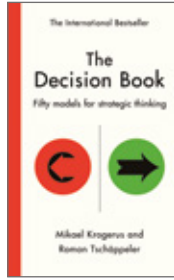
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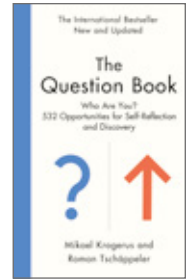
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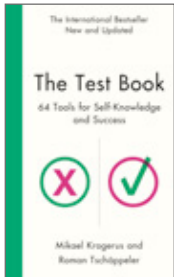
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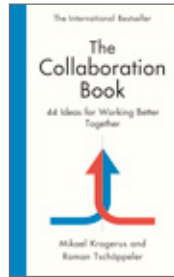
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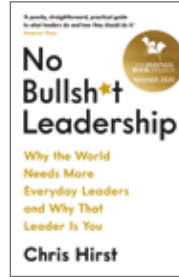
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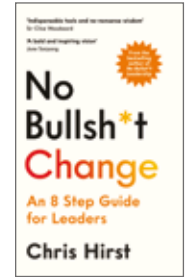
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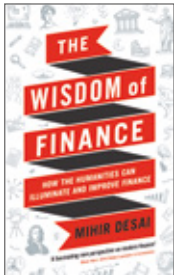
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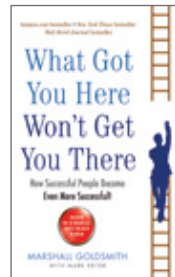
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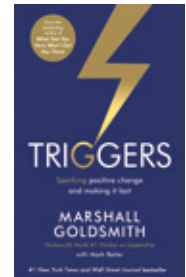
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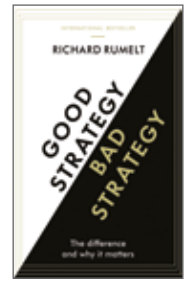
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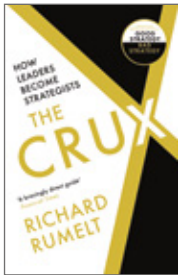
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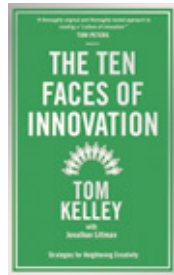
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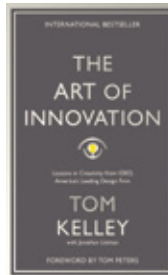
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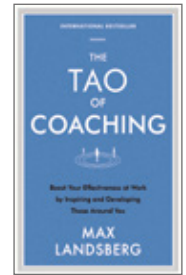
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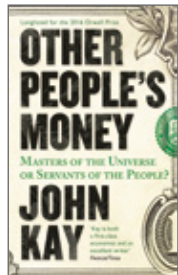
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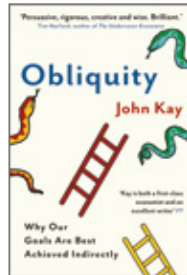
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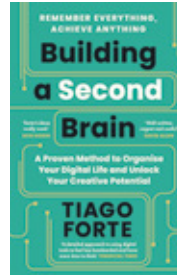
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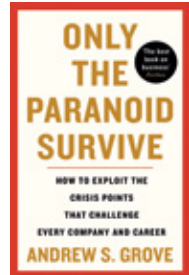
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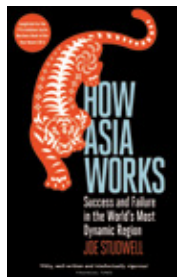
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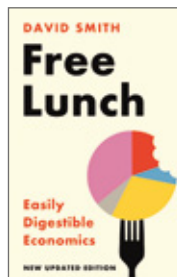
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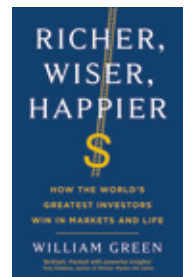
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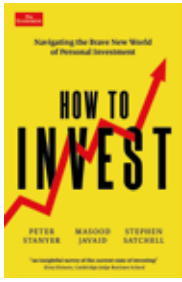
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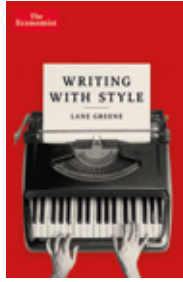
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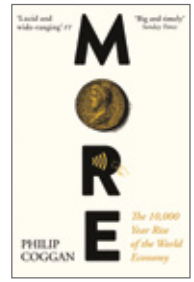
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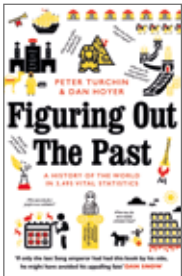
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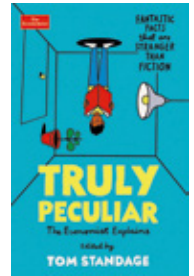
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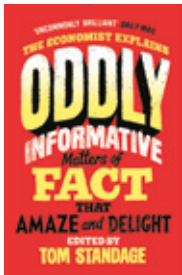
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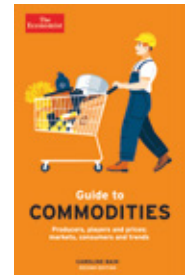
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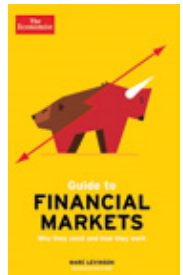
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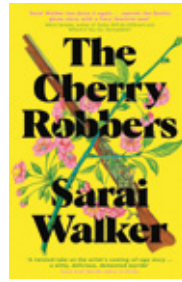
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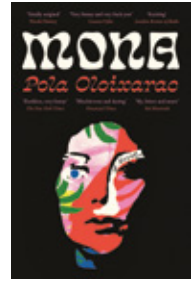
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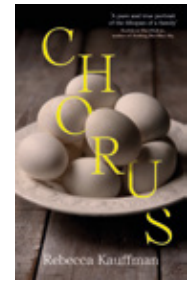
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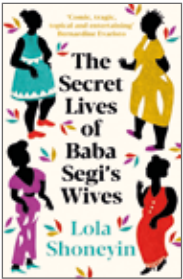
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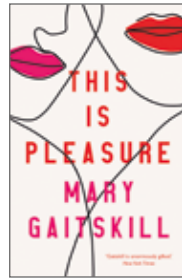
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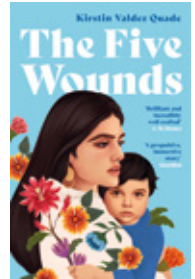
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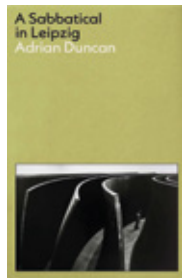
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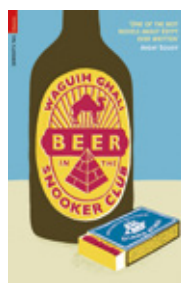
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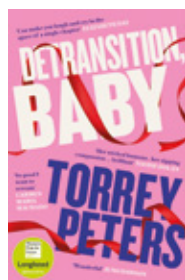
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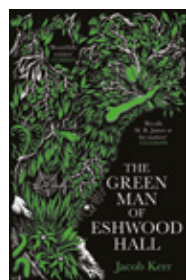
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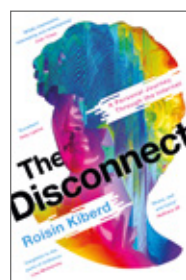
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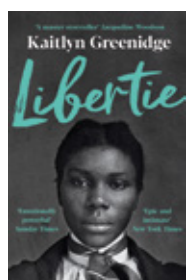
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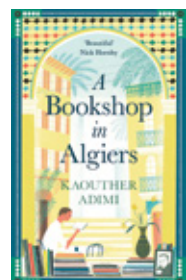
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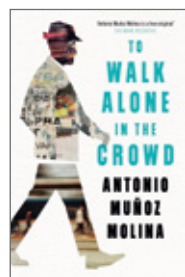
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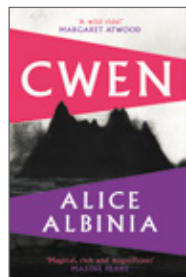
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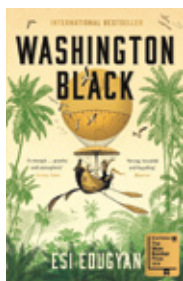
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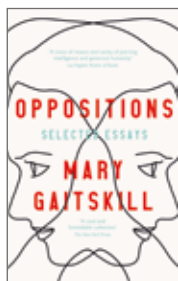
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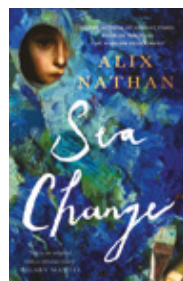
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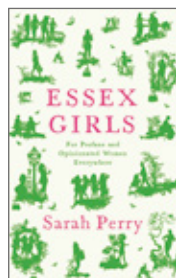
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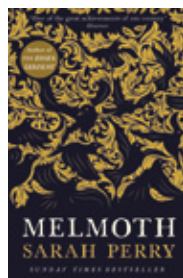
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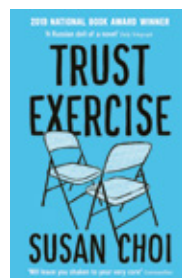
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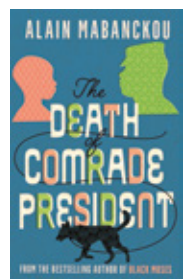
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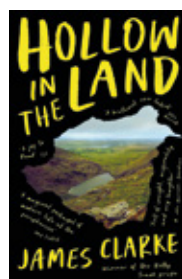
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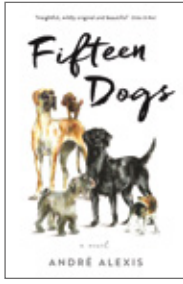
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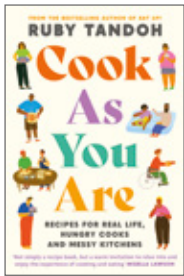
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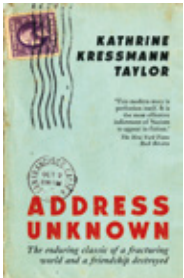
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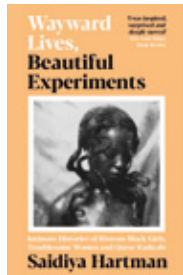
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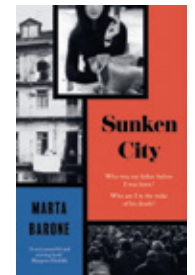
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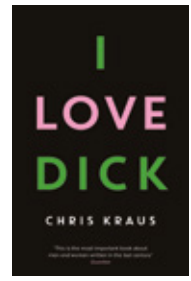
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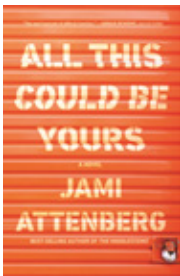
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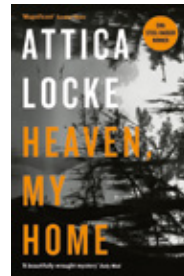
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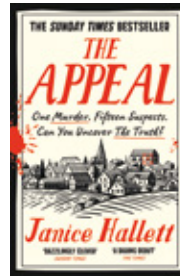
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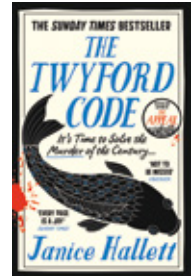
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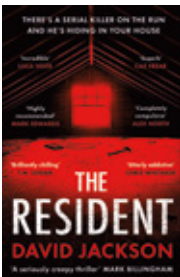
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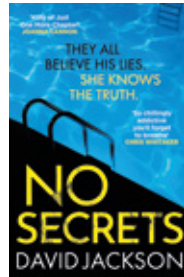
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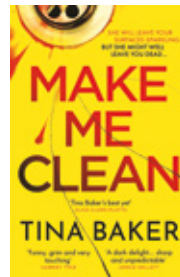
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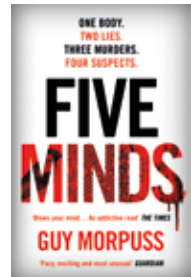
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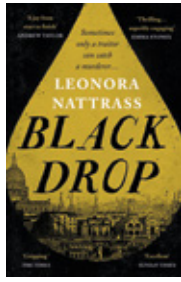
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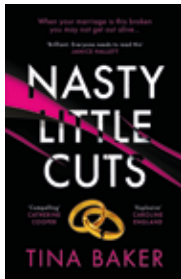
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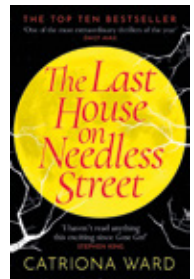
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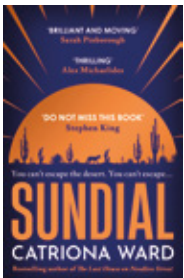
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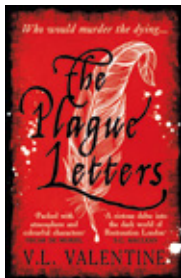
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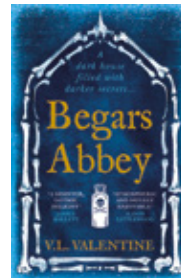
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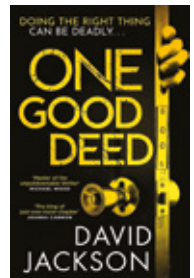
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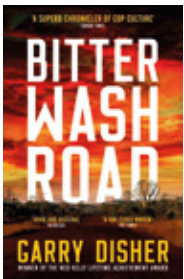
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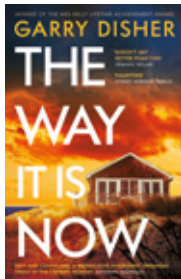
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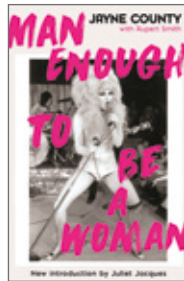
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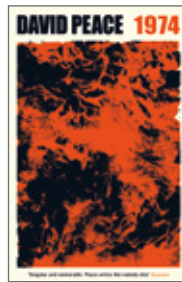
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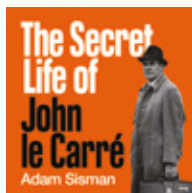
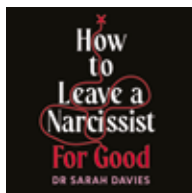
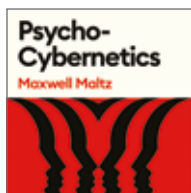
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